

Crisis Text Line

GET HELP NOW

Text **"START"** to **741-741** or call **1-800-273-TALK (3255)**



1-800-273-TALK

1-800-273-8255

www.suicidepreventionlifeline.org

24-Hour Crisis Line



**crisis
connections**

support • resources • training
formerly known as crisis clinic

Call 866-4CRISIS (427-4747)