



B.S. SPORT AND EXERCISE SCIENCE

TITLE	COURSE	OFFERED	PREREQUISITES
Health & Wellness	SPEX 132	Fall QTR	
Emergency Response	SPEX 211	Winter QTR	
Sport & Exercise Physiology	SPEX 231	Spring QTR	CHEM 121 & 122/BIOL 200 & 210
Nutrition for Sport & Exercise	SPEX 312	Fall QTR	SPEX 231
Biomechanics	SPEX 313	Winter QTR	PHYS 105 or HS Physics
Care & Prevention of Athletic Injuries	SPEX 321	Winter QTR	SPEX 211
Metabolic Training	SPEX 322	Spring QTR	SPEX 231 & SPEX 312
Exercise for Rehabilitation	SPEX 331	Spring QTR	SPEX 231
Testing & Technology	SPEX 411	FQ – RQ	SPEX 231 & SPEX 313
Sport & Exercise Psychology	SPEX 421	Fall QTR	
Internship	SPEX 495	Year Round	Completed Clinical Program
Professional Issues in Sport & Exercise	SPEX 499	WQ – SQ – FQ	Only Open to Seniors
INDEPENDENT STUDY			
Independent Study	SPEX 296	Year Round	Advisor and Chair Authorization
Independent Study	SPEX 396	Year Round	Advisor and Chair Authorization
Independent Study	SPEX 496	Year Round	Advisor and Chair Authorization

COLLEGE OF ARTS AND SCIENCES / CENTER FOR THE STUDY OF SPORT AND EXERCISE/ SPEX

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