School of Theology and Ministry
Seattle University

STMC 558: Pastoral Counseling Practicum IV
Summer Quarter 2009

Course Information and Schedule:

STMC 558 Human Sexuality Across the Lifespan
Mondays: June 22 to August 24
1:30 pm to 5:30 pm
HUNT 160

Instructor: Rev. Eldon L. Olson, PhD

Office Hours: By appointment, Mondays until 1:30, after 5:30
Contact: eldonolson@seattleu.edu, eldonolson@aol.com
206 937-3765

Required Texts:

Crooks, R. & Baur, K.: Our Sexuality (10th Edition, 2005). Canada: Thompson Wadsworth

Maltz, Wendy: The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse (Rev. ed., 2001). NY: HarperCollins

Course Description:

This course is the fourth of six quarters of the Pastoral Counseling/Mental Health Clinical Practicum. As such, it builds on all the learning tasks and skills developments of the previous quarters with a special emphasis on human sexuality in all its dimensions. Therapeutic sensitivities and modalities of intervention will be addressed.

Typical Class Schedule:

1:30 to 2:45 Opening, Introduction to didactic elements of texts, themes,
2:45 to 3:30 Case Study I
3:30 to 3:45 Break
3:45 to 4:30 Case Study II
4:30 to 5:30 Wrap-up and Group Process

Course Requirements and Grading Criteria:

1. **Attendance and Participation – 25 points**
   a. **Leadership in opening reflections - one 2-5 minute selected prayer, reading, group interactive spiritual exercise. - 1**
   b. **Leadership in didactic presentations - one 45 minute leadership – 8**
   c. **Leadership in group process – one 45 minute leadership – 8**
   (conversation regarding agenda and format for group processes will be formed at end of each session, with consultation with instructor welcomed during week prior to session)

d. Participation in didactic, case studies, and group processes – 8
Absence and/or persistent lateness will be considered in one's grade. Each student will be expected to schedule a mid-term conversation with the instructor. The instructor will also contact and invite comments from site supervisors.

2. Two case Presentations (emphasis on case studies with implicit or explicit dimensions of human sexuality) – 25 points each

a. Written presentation – 8

Use presentation outline format (Comprehensive Pastoral-Clinical Assessment in Pastoral Counseling Student Handbook), including:

Client's history, issues, presenting problems, impact, affect, DSM4 description, flow and progress of therapy

Recommendations and treatment plan – goals of both therapist and client, benchmarks, process evaluations, changes in goals

Theoretical understandings of issues, modalities of treatment, supervision insights

Spirituality of client, spiritual resources, implications of treatment, challenges

<u>Must</u> be distributed to all course participants no later than noon on the Friday prior to the presentation.
Of special importance will be a description of any issues (expressed or implied) regarding sexuality, sexual orientation, gender identity, or wounds caused by the abuse or violation thereof.

b. Video, audio, or verbatim oral presentation and analysis – 9

- Video presentation, 5-10 minutes, preferred - with camera scope including both the counselor and the counselee. What's happening in the segment, how does this segment fit what preceded or followed. Include verbatim text of any dialogue that is difficult to hear.
- Audio presentation, 10-15 minutes, only allowed where counseling context does not allow video presentation.
- Verbatim, 10-20 minutes of session, describing in writing with 3 parallel columns: 1. what's being said by client, 2. what interpretations you bring to client's words within context of whole therapeutic process, 3. what's happening in your on-going reflections as a counselor (issues of transference, questions you have, insights you save until future interactions).

c. Group discussion leadership on Case Study – 8

What counsel, feedback, questions are you asking of the group?
How will you use (or not use) comments that are given?
What perspectives are you seeking from individuals whose backgrounds might be helpful in understanding case?

3. **Integration Paper – 25 points**

Due in instructor's mailbox no later than noon, August 17.

Late papers will not be accepted.

Approximately 10-12 pages, double-spaced, 12 point type.

Integration of therapeutic modality (your role in the therapeutic process), sexuality implications or concerns (how you understand issues involved), and spiritual/theological meaning (in-depth spiritual/theological dimensions of issues raised). This is not a case study, nor a research paper, but an integrated reflection on pastoral counseling with persons facing diverse, complex issues of human sexuality.

As academic research and/or citation is done for the paper, an annotated bibliography will be expected.

Possible topics might be: (other topics must be approved by instructor)

- **Counseling with spouses or partners of victims of sexual violence or abuse**
- **Counseling with persons who are impacted by family or friends who come out as gay, lesbian, transgender, or bisexual**
- **Counseling with male victims of sexual abuse as children**
- **Counseling with male victims of rape, sexual violence**
- **Counseling with female victims of sexual abuse as children**
- **Counseling with female victims of rape, sexual violence**
- **Counseling with victims of clergy sexual abuse**
- **Counseling with victims of abuse or violence against their sexuality due to sexual orientation**
- **Counseling with persons with emerging transgender awareness or struggles**
- **Counseling with parents, families of sexual orientation minorities**
- **Counseling with parents, families of transgender persons**
- **Counseling with transgender values regarding gender, identity**
- **Counseling with persons who consider forgiveness, reconciliation after abuse or violence**
- **Counseling with of gender identity confusion**
- **Counseling with families, friends of persons accused of pedophilia**
- **Counseling with persons who have shame for body image, sexual stereotypes**
- **Counseling with persons whose orientation is bisexual**
- **Counseling with transcultural persons regarding sexual orientation, gender, sexual abuse**

Summary of Grading:

95-100 – A
90-94 – A-
87-89 – B+
83-86 - B
80-82 – B-
below 80 – consult with instructor

Class Schedule:

Date	Topic(s)	Reading(s)	Leadership
June 22	Introductions, sign-ups Perspectives, Research, & Gender	Crooks & Baur pp. xxxiv-76 Maltz, pp. Intro & chap. 1	Instructor
June 29	Anatomy, Physiology & Arousal Becoming Aware	Crooks & Baur pp. 77-163 Maltz, Chaps. 2 & 3	Opening _____ Case I _____ Case II _____ Didactic _____ Group _____
July 6	Love & Communication Sexual Behaviors Reclaiming Sexuality	Crooks & Baur pp. 165-232 Maltz, Chap 4	Opening _____ Case I _____ Case II _____ Didactic _____ Group _____
July 13	Sexual Orientations New Meaning, Finding Our Sexual Selves	Crooks & Baur pp. 233-259 Maltz, Chaps 5 & 6	Opening _____ Case I _____ Case II _____ Didactic _____ Group _____
July 20*	Contraception & Conceiving Children Gaining Control (individual appts.)	Crooks & Baur pp. 262-320 Maltz, Chap. 7	Opening _____ Case I _____ Case II _____ Didactic _____ Group _____
July 27*	Sexuality for Kids, Teens, & Adults Healthy Sexual Behavior Healing with Partner (individual appts.)	Crooks & Baur pp. 322-375 Maltz, Chap. 8 & 9	Opening _____ Case I _____ Case II _____ Didactic _____ Group _____
August 3	Sexual Difficulties Relearning Touch	Crooks & Baur pp. 376-407 Maltz, Chap. 10	Opening _____ Case I _____ Case II _____ Didactic _____ Group _____

August 10	**STDs** **Specific Sexual Problems**	**Crooks & Baur** **pp. 409-459** **Maltz, Chap. 11**	**Opening _____** **Case I _____** **Case II _____** **Didactic _____** **Group _____**
August 17*	**Atypical Sexual Behavior** **Sexual Coercion** **Enjoying Sexual Experiences** **(integration papers due by noon)**	**Crooks & Baur** **pp. 461-510** **Maltz, Chap 12**	**Opening _____** **Case I _____** **Case II _____** **Didactic _____** **Group _____**
August 24	**Sex for Sale** **Summary & Wrap-up**	**Crooks & Baur** **pp. 511-529** **Maltz, Epilogue**	**Opening*_____** **Case I*_____** **Case II* _____** **Didactic* _____** **Group* _____**