Freshman Profile Form

- Student:
- Major: Graduation year:
- Contact phone number:
- Email: @seattleu.edu
- Current residence: ☐ Res hall ☐ Off campus
- Hometown/state:
- Citizen of:
- Blog or personal website address (optional):

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Personal Snapshot (all optional; in 3 words or less)

Me in 3 adjectives:

Pastimes:

Interests:

Passionate for:

Passionate against:

Academic areas of interest:

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College Expectations - In addition to receiving a degree, I have come to Seattle University to: (check all that apply)

____ participate in organizations and activities on campus
____ meet people, enjoy myself
____ pursue scholarly activities and intellectual development
____ define and prepare for a career or vocation
____ continue to mature and prepare for adulthood
____ be in a place where I can express my individuality
____ discover and developing my own talents
____ other _____

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Personal Factors that complement, challenge and/or compete with my college planning & goals:

____ Athlete - sport _____
____ International student
____ Have international experience
____ Have leadership experience
____ Have service experience
____ Employed ☐ part-time ☐ full time
____ Family obligations
____ Health related issues
____ Music/other lessons
____ English is my second language
____ Other _____

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Resources and opportunities I would like to know more about:

Academic Plans & Goals:
I would like to find out about the following opportunities in my major:

- ☐ Academic Clubs & Organizations
- ☐ Career Opportunities
- ☐ Education Abroad opportunities
- ☐ Complementary majors & minors
- ☐ Internship Opportunities
- ☐ Research Opportunities
- ☐ Graduate Study
- ☐ Post Graduate Fellowships

Support Network:
I would like to meet campus professionals to learn more about:

- ☐ Multicultural student services
- ☐ GLBTQ student services
- ☐ Counseling & Psychological Services
- ☐ Commuter Student Services
- ☐ Tutoring opportunities
- ☐ Disability Services
- ☐ Transfer Student Services
- ☐ Campus Ministry
- ☐ First-Generation student services
- ☐ Nontraditional student services
- ☐ Health & wellness
- ☐ Beginning career planning

Extra-curricular opportunities:
I am interested in learning more about the following opportunities:

- ☐ Community service
- ☐ International experiences
- ☐ Job related opportunities
- ☐ Leadership development
- ☐ Other_____

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I want to strengthen my skills in:

- ☐ Preparing for & taking tests
- ☐ Skill-building in other languages
- ☐ Optimizing learning styles
- ☐ College level reading strategies
- ☐ Academic writing
- ☐ Effective note taking
- ☐ Understanding lectures
- ☐ Math skills
- ☐ Presentations & public speaking
- ☐ Study strategies
- ☐ Organization & time management
- ☐ Communication with teachers
- ☐ Interpersonal communication
- ☐ Working in groups
- ☐ Research skills
- ☐ Language skill-building in English

Attention! Students in the Premajor Studies Program or majors in Business: this form is optional; you will receive a "Student Profile" form at your program orientation

What is a Profile Form for? Completing and sending this Form to your Advisor can be the first important transaction you have with your Advisor. By providing some important facts about yourself in advance, the two of you can focus in on what is most relevant to you and make maximum use of your first meeting together.
Take 5 minutes right now! Enter the information you want to share, write in your advisors name and the name of your major department on the back and put it in campus mail at the Front Desk at any Res Hall. Desk attendants will be happy to staple it closed and put in campus mail for you. -Or drop it off at your department.

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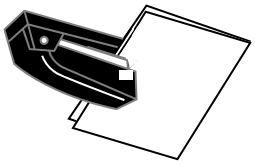

Campus Mail Boxes and
staplers are at located at the
Front Desk at each Res Hall

From your Advisee:

_____
Student Name

_____
Advisor Name

_____
Major Department

Campus Mail