B.S in Sport & Exercise Science | Course Schedule

SEATTLE UNIVERSITY
Center for the Study of Sport & Exercise

FRESHMAN YEAR		
FALL	**WINTER**	**SPRING**
MATH 121 (2)	CHEM 121/131 Chemistry (5)	CHEM 122/132 Chemistry (5)
SPEX 132 Health & Wellness (5) Kristin Ondrak T/U 1:30-3:35 (TBD)		
SOPHOMORE YEAR		
FALL	**WINTER**	**SPRING**
BIOL 200Anatomy (5)	BIOL 210 Physiology (5)	SPEX 231 Sport & Exercise Physiology (5) Kristin Ondrak (TBD) M/W/F 9:20-10:45 Lab M or W or F 7:45-9:15 (POTENTRx)
	SPEX 211 Emergency Response (5) Kristin Ondrak M/W/F 9:20-10:45 (TBD)	
JUNIOR YEAR		
FALL	**WINTER**	**SPRING**
PHYS 105 Mechanics (5)	SPEX 313 Biomechanics (5) Dan Tripps T/U 8:00-10:05 (TBD) Lab M or W or F 7:45-9:15 (POTENTRx)	SPEX 322 Principles of Training (5) Dan Tripps T/U 8:00-10:05 (TBD) Lab ARR (TBD)
SPEX 312 Nutrition for Sport & Exercise (5) Kristin Ondrak T/U 10:15-12:20 (TBD)	SPEX 321 Care & Prevention of Injuries (5) Bob Grams T/U 10:15-12:20 (TBD) Lab ARR (TBD)	SPEX 331 Exercise for Rehabilitation (5) Kristin Ondrak M/W/F 12:30-1:55 PM Lab ARR (POTENTRx)
SENIOR YEAR		
FALL	**WINTER**	**SPRING**
SPEX 411 Testing and Technology (5) Sean Machak/Wes VanHooser M/W/F 9:20-10:45 (POTENTRx) Lab M or W or F 7:45 – 9:15 (POTENTRx)	SPEX 495 Internship (1-5) Dan Tripps ARR (TBD)	SPEX 495 Internship (1-5) Dan Tripps ARR (TBD)
SPEX 421 Sport & Exercise Psychology (5) Dan Tripps T/ 8:00-10:05 (TBD)	SPEX 499 Senior Synthesis (3-5) Kristin Ondrak ARR (TBD)	SPEX 499 Senior Synthesis (3-5) Kristin Ondrak ARR (TBD)
SPEX 495 Internship (1-5) Dan Tripps ARR (TBD)	SPEX 495 Internship (1-5) Dan Tripps ARR (TBD)	SPEX 495 Internship (1-5) Dan Tripps ARR (TBD)
SPEX 499 Senior Synthesis (3-5) Kristin Ondrak ARR (TBD)		