

Seattle University
School of Theology and Ministry
901 12th Street, Hunthausen Hall
Seattle, WA 98122-1090

Spring Quarter 2008

STMC 557.01—Practicum III
Hunthausen Rm. 160
Mon. 1:30 p.m. to 5:30 p.m.

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(206) 375-8149 (confidential cell phone).
Office Hours: Tue. 11:00 a.m. to noon or by
appointment at brehob@seattleu.edu.

Resources and Texts

American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision* (DSM-IV-TR). Washington, D.C.: Author, 2000.

Keltner, Norman and David Folks. *Psychotropic Drugs*, 4th Ed. St. Louis: Elsevier Mosby, 2005.

School of Theology and Ministry: Pastoral Counseling Student Practicum/Internship Manual. STM Faculty: Fall 2007.

SU Angel Website for this course: (logon with your SU email user name and password) <https://angel.seattleu.edu/angel/frameIndex.htm>. You can also access this site by typing “angel” into the search box of SU’s homepage.

Description and Course Goals

The description for this course and the course goals are published in the *Practicum/Internship Manual*, Fall 2007 (see citation above). Each student is referred to this manual as well as all relevant SU/STM policies as regards the description, goals, and policies governing STMC 557—Practicum III.

Requirements

Attendance: Class sessions are the primary means by which the instructor and the Pastoral Counselors in training (PCT) can share the material introduced in the assigned readings and other activities. Therefore, attendance at all sessions of the course is essential, and absences will negatively affect your final course grade. If you know you will need to miss more than one class session during this quarter, please think seriously about taking this core course at a different time.

Participation: Directly related to attendance is the importance of active preparation and helpful participation in all class activities and discussions.

Group Supervision: Each week Pastoral Counselors in training (PCT) are required to discuss one or more of their active counseling cases during group supervision being open to constructive feedback from their peers and the instructor/supervisor.

Medication Charts: Complete a medication chart, including at least 5 medications per chart for at least five of the major classes of psychoactive medications reviewed in class (e.g., antidepressants, antipsychotic, CNS stimulants, etc.). The chart template will be distributed in class. Each chart can be turned into the instructor at anytime during the quarter, but all charts are due on or before the 9th class session. The charts can be printed by hand or typed. (Note: Do not plagiarize your definitions from a book or the Internet—summarize or paraphrase each definition in your own words.)

Assessment/Testing Vocabulary Dictionary: Keep a list of psychosocial assessment/testing vocabulary, including a concise summary of the meaning/definition of each word/term as well as an example of the concept when an example would be helpful to clarify a complex psychological testing term. The **vocabulary list of at least 10 entries and definitions** is to be typed (Arial 11 pt, each entry in bold, text in regular type, MS Word 2003 only) and an electronic copy of the file sent to the instructor's SU email account on or before the 7th class session. You may include the names/titles of important testing instruments (e.g., MMPI, NEO-PI-R, etc.), technical terminology (e.g., validity, scale, nominal data, etc.), or other relevant terms, persons, or statistical coefficients used in psychosocial testing and measurement.

Pastoral-Clinical Assessment and Videotape: A minimum of once per quarter the Pastoral Counselor in training (PCT) will choose a client from their active caseload, videotape a counseling session, write a comprehensive Pastoral-Clinical assessment following the MAPC approved format, and formally present the case in clinical conference to the entire practicum group. The written assessment will be given to the class at least three days before the presentation. If the report is distributed electronically all HIPPA confidentiality requirements will be strictly followed (i.e., there will be NO identifying information in the report). After an introduction/summary of the client/case, the PCT will show 5 to 10 minutes of the video, which will be followed by group supervision of the dynamics of the case. All students are responsible for appropriately disposing of their copy of the report (e.g., shredding a paper report or deleting an electronic file). The instructor will give written comments on each written report and assess the student's clinical skills according to the university's grading system.

Evaluation/Grading

Grading for participation/attendance, written assignments (e.g., medication charts and vocabulary dictionary), the written Pastoral-Clinical report, and your case presentation will be assessed according to Seattle University's Grading System: A = Superior Performance; B = Good Performance; and C = Minimal Performance for graduate courses. Your final grade will be based on your participation and cumulative growth in achieving the goals and objectives of this course and the STM program in which you are enrolled.

Each requirement for this course will be weighted as follows:

- 20% Medication Charts** (at least 5 charts with at least 5 medications/chart);
- 20% Assessment/Testing Vocabulary Dictionary;**
- 30% Attendance/Participation**—demonstration of balanced support and appropriate challenge of peers in all class discussions; mastery of information in the assigned readings demonstrated by active participation; demonstration of a working knowledge of the Practicum III using appropriate technical language, in all course exercises and discussions;

30% Pastoral-Clinical Assessment, Video, and Case Presentation.

If you will need special accommodations for a diagnosed learning disability or physical limitation, follow the policies and procedures outlined in your student handbook, obtain the necessary materials from the appropriate university officials, and present the required documentation to the instructor by the second week of class so that appropriate accommodations can be arranged.

Selected Bibliography

- Barlow, David H., Editor. *Clinical Handbook of Psychological Disorders*. 3rd Ed. New York: Guilford Press, 2001.
- Ciarrocchi, Joseph W. *A Minister's Handbook of Mental Disorders*. New York: Integration Books, 1993.
- Gregory, Robert. *Psychological Testing: History, Principles, and Applications*, 3rd Ed. Boston: Allyn & Bacon, 2000.
- Hicks, James W. *50 Signs of Mental Illness*. New Haven: Yale U. P., 2005.
- Jongsma, Arthur E., and L. Mark Peterson. *The Complete Adult Psychotherapy Treatment Planner*. 3rd Ed. Hoboken, NJ: John Wiley & Sons, 2003.
- Kaplan, Harold I., and Benjamin J. Sadock. *Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry*. 9th Ed. Philadelphia: Lippincott Williams & Wilkins, 2002.
- Kok, James R., and Arthur E. Jongsma. *The Pastoral Counseling Treatment Planner*. Hoboken, NJ: John Wiley & Sons, 1998.
- Sadock, Benjamin J. and Virginia A. Sadock. *Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry* 10th Ed. New York: Lippincott Williams & Wilkins, 2007.
- Scharf, Richard S. *Theories of Psychotherapy and Counseling: Concepts and Cases*. 4th Ed. Stamford, CT: Brooks/Cole, 2007.
- Thomson PDR Staff. *PDR Drug Guide for Mental Health Professionals*. 2nd Ed., Revised, Illustrated. Montvale, NJ: Thomson, 2004.
- Wicks, Robert J., Richard D. Parsons, and Donald Capps, Editors. *Clinical Handbook of Pastoral Counseling, Volume 1*. Expanded Edition. New York: Integration Books, 1985.
- Wicks, Robert J., and Richard D. Parsons, Editors. *Clinical Handbook of Pastoral Counseling, Volume 2*. Expanded Edition. New York: Integration Books, 1993.
- Zuckerman, Edward L. *Clinician's Thesaurus: The Guidebook for Writing Psychological Reports*. 6th Ed. New York: Guilford Press, 2005.