**Youngnan Nancy Namkung**, MSW, LICSW

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**Education**

MSW, University of Washington School of Social Work, Concentration: Health 2012

A.A.S., South Seattle Community College, Auto Collision Technology 2006

B.A., New York University, Gallatin School of Individualized Study, 2002 Concentration: Psychology & Art

**Clinical Experience**

**Virginia Mason University Village Medical Center**, Seattle, WA 2019- present

*Behavioral Health Consultant*

* Provide clinical assessments and evidence-based interventions (CBT, MI, PST, Mindfulness practice, elements of DBT, CAMS) for patients and families in the pediatric primary care clinic.
* Provide consultation on mental health support and interventions to pediatricians in clinic.

**Seattle Cancer Care Alliance**, Seattle, WA 2013 - 2019

*Clinical Oncology Social Worker*

* Provided clinical assessments and evidence-based interventions for patients and families receiving oncology treatment and bone marrow transplant.
* Performed clinical supervision for two staff members.
* Provided education on grief and loss, perform resource referrals, and collaborate with physicians and nurses on an interdisciplinary team.
* Co-creation of clinic-wide suicide risk protocol presentation and dissemination to all disciplines throughout the clinic.
* Creation and facilitation of staff CBT skills group with monthly meetings to perform role plays and expand on clinical skills.

**University of Washington SMART Center and**  2012 - 2017
**Adolescent Mental Health Research Projects**, Seattle, WA

*Clinical Social Worker*

* Provided clinical assessments and evidence-based interventions in school-based mental health settings and through web-based intervention studies.
* Conducted clinical research assessments of adolescents with high self-harm and suicidal behaviors.
* Co-facilitated trainings on Brief Intervention for School Clinicians (BRISC) for school-based mental health clinicians and undergraduate social work students on evidence-based interventions.

**Evergreen Health,** Kirkland, WA2012 - 2014

*Hospice Home Care Social Worker*

* Provided clinical assessments and interventions for patients and families on hospice services.
* Responsible for coordination, evaluation, and monitoring plan of care in collaboration with physicians and nurses.
* Performed discharge planning, resource referrals, and education on end-of-life issues.

**VA Puget Sound Healthcare System**,Seattle, WA2011 - 2012

*Rehabilitation Care Services Social Work Advanced Internship*

* Conducted psychosocial assessments of inpatient/outpatient clients with MS, ALS, and stroke.
* Provided inpatient discharge (i.e. skilled nursing, adult family homes) and care planning with clients and families. Participated in inpatient interdisciplinary team rounds.
* Performed outpatient MS clinic case management.
* Provided referrals to VA and community resources, i.e. Medicaid, Social Security, etc.

**Research Experience**

**University of Washington SMART Center and**  2004 - 2017
**Adolescent Mental Health Research Projects**, Seattle, WA

*Managing Director 2016 – 2017*

*Research Study Supervisor 2009 – 2016*

*Research Study Coordinator 2008 – 2009*

*Research Assistant 2004 – 2008*

* Hire, train, and supervise research coordinators, assistants, and graduate and undergraduate students for multiple research projects in the areas of data collection, entry, and analysis.
* Design and implement research protocols for over 10 studies on adolescent mental health and school-based mental health projects.
* Submit multiple IRB initial applications and modifications.
* Provide data on progress reports and manuscripts for publication.
* Participate in grant preparation with principal investigators.
* Provide trainings for research participants on human subjects protection and research study involvement.
* Co-facilitate focus groups involving school administrators, principals, and teachers.
* Ensure quality control for data collection, entry, and management and systems monitoring through applications, protocol development and staff training.
* Administer home, school, and community-based interviews regarding mental health and substance use with adolescents (ages 12-23) and parents from a diverse population.
* Monitor budgets for multiple research grants and monitor spending and purchases.

**Related Experience**

**Seattle University Bachelor of Social Work Program**, Seattle WA Spring 2017

*Instructor*

* Course taught: SOCW 3110 Practice I: Social Work with Individuals and Families

**UW CARES Study**, Seattle, WA2012 - 2013

*Co-facilitator for Support Group Therapy*

* Co-facilitated Supportive Group Therapy for treat­ment of ado­les­cents engag­ing in sui­ci­dal behaviors.
* Provided emotional support and facilitation of group conversation and reflection.

**International Community Health Services**, Seattle, WA 2005 - 2006

*Racial Ethnic Approach to Community Health* (REACH) *Materials Coordinator* (short-term contract)

* Collected and collated content for a diabetes-friendly cookbook titled “Healthy Asian Recipes.”
* Coordinated services to translate the cookbook into 6 languages: Cantonese, Mandarin, Korean, Vietnamese, Tagalog, and Khmer.

**Honors/Affiliations**

* Year-Long Fellowship through the Carol LaMare Oncology and Life Limiting Illness Program at the UW School of Social Work
* National Association of Social Workers (NASW)
* Multicultural Counselors of Washington

**Publications**

1. Prince, D., Adrian, M., Storer, H., **Namkung, N**., Thompson, K. & Vander Stoep, A. (2015). Contextualizing change-points in alcohol use from early adolescence through young adulthood. *Social Work Research, 39*, 94-106. DOI:10.1093/swr/svv007.

**Conference Presentations**

1. Ludwig, K., **Namkung, N.** (2014, October) *Brief Intervention for School Clinicians: Developing and Piloting a Modularized, Evidence-Informed Approach for School Mental Health Providers.* Presentation at the 2014 Conference on Advancing School Mental Health, Pittsburgh, PA.
2. Flynn, C. & **Namkung, N**., Vander Stoep, A., & McCauley, E. (2009, June). *Relation of Lability in Self-Cognition to Adolescent Depressive and Conduct Symptoms.* Poster presented at the International Society for Research on Child and Adolescent Psychopathology 14th Scientific Meeting, Seattle, WA.

**Skills**

* Computer skills: SPSS, Qualtrics, REDCap, creating databases, Access, Microsoft Office.
* Proficient in power and air tools.
* Fluent in spoken and written Korean.