



EDUCATION ABROAD BUDGET WORKSHEET

The purpose of this budget is to provide an estimate of how much studying abroad is going to cost. Actual spending may vary.
Bring this completed worksheet to a meeting with a Student Financial Aid Counselor.

Education Abroad Program: SIT: Tibetan and Himalayan Peoples (Kathmandu, Nepal)
Program Type: SU-Sponsored **Program Term(s):** Spring Semester (Winter & Spring Quarters)

SU Tuition & Fees*

These costs appear on your MySeattleU bill.

Item	Details	Education Abroad Program Cost (USD)	Compared to W/SQ expenses on SU campus Cost (USD)
Tuition	Students studying abroad for Spring Semester on this program will only be billed 1 quarter of SU tuition as opposed to 2 (one quarter's worth of SU tuition per semester abroad).	18540	37080
Technology Fee	Students are billed \$201/quarter.	402	402
Wellness Fee	Students are billed \$166/quarter while on campus.	N/A	332
Program Fee	SU-Sponsored Program Fees range from \$0-12,000/term.	10000	N/A
Global Medical Insurance	Most SU-Sponsored programs include Global Medical Insurance in the Program Fee. If insurance is not included, the price listed here reflects an estimated expense of \$1.74/day for mandatory coverage.	N/A	N/A
A. Total Tuition & Fees		28942	37814

Additional Estimated Expenses

Item	Details	Education Abroad Program Cost (USD)	Compared to W/SQ expenses on SU campus Cost (USD)
Application Fee	If applicable, paid directly to Sponsored Program Provider.	50	
Books/Materials	A good estimate is \$300 per term if information is not provided.	140	
Housing	Cost of housing varies by program and housing type. <i>Housing is included in program fee for this program.</i>	N/A	
Food	Cost of food varies by program and personal eating habits. <i>Meals are included in program fee for this program.</i>	N/A	
Airfare	Estimate cost of roundtrip ticket to program location. Search the web or consult a travel agent for actual price.	1300	
Local Transportation	Local transportation could include bus fare, trains, taxis, etc.	325	
Personal Spending	Personal spending depends on lifestyle and may include toiletries, clothing, nights out, souvenirs, etc.	1100	

This budget is authorized by the Education Abroad Office as a cost estimate.

*Based on 2024-2025 tuition and fees and subject to change.

Passport	\$165 for a new passport and \$130 to renew (only if needed). The expiration date must be at least six months after scheduled return from program location.		N/A
Visa	Cost of visa plus required photos, documents, and/or travel expenses to and from the nearest consulate. <i>Get a 90-day tourist visa upon arrival and later acquire a student visa for Nepal. SIT will provide more instruction pre-departure.</i>	411	N/A
Emergency funds	Recommended to allocate \$500 for emergencies.	500	500
Other	Please Specify: <i>Immunization costs vary. Each student must bring a smart phone that is able to accept a local SIM card with them to their program, or they must purchase a smart phone locally.</i>		
B. Total Estimated Additional Expenses			

Financial Aid

These awards are subtracted from your total SU bill.

		Education Abroad Program	Compared to W/SQ aid on SU campus
Item	Details	Amount (USD)	Amount (USD)
Federal & State Aid	Regardless of whether studying on SU campus or abroad, students will receive 2 quarters of Federal & State Aid towards Spring Semester abroad or Winter & Spring Quarters.		
SU Scholarships & Grants	Students studying abroad on this program for Spring Semester will only receive 1 quarter of SU aid as opposed to 2 (one quarter's worth of SU aid per semester abroad). Divide annual award by 3 to determine how much SU aid will be applied towards one semester abroad; multiply annual award by 2/3 to determine how much SU aid would be applied towards Winter & Spring Quarters on SU campus.		
Additional Aid	This includes any additional aid students receive during the academic year on campus and/or any study abroad scholarships.		
C. Total Financial Aid			

		Education Abroad Program	Compared to W/SQ expenses on SU campus
Total Out-of-Pocket Expenses (A + B – C)		D.	E.

Difference (D – E)

This budget is authorized by the Education Abroad Office as a cost estimate.

*Based on 2024-2025 tuition and fees and subject to change.