



# EDUCATION ABROAD BUDGET WORKSHEET

*The purpose of this budget is to provide an estimate of how much studying abroad is going to cost. Actual spending may vary.  
Bring this completed worksheet to a meeting with a Student Financial Aid Counselor.*

**Education Abroad Program:** Sophia University Exchange (Tokyo, Japan)  
**Program Type:** SU-Exchange **Program Term(s):** Spring Semester (Spring Quarter)

## SU Tuition & Fees\*

*These costs appear on your MySeattleU bill.*

		Education Abroad Program	Compared to SQ expenses on SU campus
Item	Details	Cost (USD)	Cost (USD)
<b>Tuition</b>	Students studying abroad on this program will be billed 1 quarter of SU tuition per semester.	<b>18540</b>	<b>18540</b>
<b>Technology Fee</b>	Students are billed \$201/quarter.	<b>201</b>	<b>201</b>
<b>Wellness Fee</b>	Students are billed \$166/quarter while on campus.	<b>N/A</b>	<b>166</b>
<b>Global Medical Insurance</b>	Students participating in an SU-Exchange program will be automatically enrolled in Global Medical Insurance. The price listed here reflects an estimated expense of \$1.74/day for mandatory coverage.	<b>250</b>	<b>N/A</b>
<b>A. Total Tuition &amp; Fees</b>		<b>18991</b>	<b>18907</b>

## Additional Estimated Expenses

		Education Abroad Program	Compared to SQ expenses on SU campus
Item	Details	Cost (USD)	Cost (USD)
<b>Books/Materials</b>	A good estimate is \$300 per term if information is not provided.	<b>400</b>	
<b>Housing</b>	Cost of housing varies by program and housing type.	<b>2301 - 7200</b>	
<b>Food</b>	Cost of food varies by program and personal eating habits.	<b>1800</b>	
<b>Airfare</b>	Estimate cost of roundtrip ticket to program location. Search the web or consult a travel agent for actual price.	<b>1200</b>	
<b>Local Transportation</b>	Local transportation could include bus fare, trains, taxis, etc.	<b>300</b>	
<b>Personal Spending</b>	Personal spending depends on lifestyle and may include toiletries, clothing, nights out, souvenirs, etc.	<b>1200</b>	
<b>Passport</b>	\$165 for a new passport and \$130 to renew (only if needed). The expiration date must be at least six months after scheduled return from program location.		<b>N/A</b>
<b>Visa</b>	Cost of visa plus required photos, documents, and/or travel expenses to and from the nearest consulate.	<b>200</b>	<b>N/A</b>

**This budget is authorized by the Education Abroad Office as a cost estimate.**

\*Based on 2024-2025 tuition and fees and subject to change.

<b>Emergency funds</b>	Recommended to allocate \$500 for emergencies.	<b>500</b>	<b>500</b>
<b>Other</b>	Please Specify: <i>Required Japanese National Health Insurance: \$60-120</i>		

**B. Total Estimated Additional Expenses**

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**Financial Aid**

*These awards are subtracted from your total SU bill.*

Item	Details	Amount (USD)	Amount (USD)
<b>Federal &amp; State Aid</b>	Regardless of whether studying on SU campus or abroad, students will receive <b>1 quarter of Federal &amp; State Aid</b> towards Spring Quarter.		
<b>SU Scholarships &amp; Grants</b>	Students studying abroad for one quarter on this program will receive <b>1 quarter of SU Aid</b> . Divide annual award by 3 to determine how much SU aid will be applied towards one quarter abroad and one quarter on SU campus.		
<b>Additional Aid</b>	This includes any additional aid students receive during this term on campus and/or any study abroad scholarships.		

**C. Total Financial Aid**

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**Total Out-of-Pocket Expenses (A + B – C)**

Education Abroad Program	Compared to SQ expenses on SU campus
<b>D.</b>	<b>E.</b>

**Difference (D – E)**

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