



**ANNUAL REPORT OF SCHOLARSHIP
2019-2020 ACADEMIC YEAR**

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A publication of Seattle University College of Nursing
Editor: Beth Branchaw, branchb@seattleu.edu
Dean: Kristen M. Swanson, PhD, RN, FAAN
seattleu.edu/nursing

On the Cover: Sarah Welch, DNP '21, read about her role in implementing
a COVID 19 training program for RNs on page 4

Image credit: Yosef Kalinko



EDUCATING FUTURE FRONTLINE HEALTH CARE WORKERS REMOTELY

COLLEGE OF NURSING FACULTY ADAPT CLINICAL SIMULATION TO REMOTE LEARNING ENVIRONMENT

By Tina Potter

With online instruction the norm at Seattle University and other colleges and universities across the country, one may wonder how programs that typically require hands-on and tactile engagement for learning replicate such an environment virtually. Case in point—the College of Nursing, whose faculty and staff were tasked with transitioning a clinical setting, one that works largely with patient simulators and in-hospital training, into a virtual format.

In reality, it presented a multitude of challenges, great flexibility and creativity on the part of faculty, says Clinical Assistant Professor Dan Cline, PhD, RN, ANP-BC.

“The most significant change was adapting what would be an in-hospital clinical experience to a virtual or online clinical experience,” he explains. “You may ask, ‘How can you do that?’ It was a herculean effort!”

With the support of his College of Nursing colleagues, including Suzan Knowles, Lisa Abel, JaHun Kim, Heather DePuydt and Linda Trippett and guided by a shared commitment to keep nursing students on track and moving forward on their journey to become registered nurses, Cline says the first order was to explore options in the world of virtual simulation programs.

“We have an amazing simulation center, the Clinical Performance Lab (CPL) led by Dr. Carrie Miller, and she and her team were instrumental in helping to identify quality virtual simulation programs for us to review and explore to see if any would meet our needs,” says Cline.

Going virtual meant first coalescing a team, which included faculty who teach and coordinate the college’s clinical and in-hospital courses, along with CPL staff, to carefully review simulation software programs to find options that best fits the needs of the CON. The college settled on three virtual platforms, which offer relevant clinical scenarios.

“We then went to work on redesigning our syllabi to match the new format. We put a lot of thought into how we could keep the students engaged and help them develop good critical thinking and clinical reasoning skills,” he says. “We designed our virtual simulations around the current simulation standards put out by INASCL (International Nursing Association for Clinical Simulation and Learning).”

The big test was if the virtual model would be on par with the in-person, experiential learning that is so vital to nursing education. Turns out, it is close,

as evidenced by students as engaged as they would be in the clinical setting.

“... The questions they asked and the issues they have in the virtual simulation are often the same questions and issue we see in the actual clinical setting,” says Cline.

One positive outcome of such a difficult, unprecedented and anxious time is the stronger sense of community, of everyone banding together for the betterment of students and the Seattle U community as a whole.

“I think what it says to me is that the faculty and staff here at SU and the CON are truly committed to the traditions of Jesuit pedagogy and student-centeredness. It sounds trite, but as a new faculty member here, I do think our mission ... focusing on students really helped us commit to making virtual sim an experience that students could learn from,” he says. “The COVID-19 pandemic has really highlighted how we can come together as a team to do something unprecedented and innovative.”

And Cline adds, “We would all be remiss if we did not thank the students for their patience, kindness and willingness to be flexible with the faculty as we worked to pull this all together. So, thank you to our students!”

SCHOLARSHIP

PUBLICATIONS

BONNIE H. BOWIE, PHD, MBA, RN, FAAN

Hudson, G., **Bowie, B.H.** (2020). Developing a screening tool to identify harmful sibling aggression in a primary care setting. *Journal of the American Association of Nurse Practitioners*. doi: 10.1097/JXX.0000000000000395

TERRI CLARK, PHD, CNM, ARNP, FACNM

Narruhn, R., **Clark, T.** (2020). Epistemic injustice: A philosophical analysis of women's reproductive health care in a Somali-American community. *Advances in Nursing Science*, 43(1), 86-100.

ANITA JABLONSKI, PHD, RN

Kidd, S., Christiansen, K., Coumar, A., Williams, J., Ito, K., Petersen, A., Niculescu, R., Eisenberg, S., Schwab, D., **Wojnar, D.M., Jablonski, A.**, Shannon Dorcy, K., (BSN '83), (2020). A dedicated education unit and a novel resident nurse transition to practice program in an ambulatory oncology setting. *Seminars in Oncology Nursing*, 36(3):151027. Epub 2020 May 15. PMID: 32418765. doi: 10.1016/j.soncn.2020.151027

HYUN JUNG KIM, PHD, PMHP-BC

Shin, J., Kang, T., Lee, J.S., Kang, M.J., Huh, C.H., Kim, M.S., **Kim, H.J.**, Ahn, H.S. (2020). Time-dependent risk of acute myocardial infarction in patients with alopecia areata in Korea. *JAMA Dermatol*, 156(7), 763-771. doi:10.1001/jamadermatol.2020.1133

ROBIN NARRUHN, PHD, RN

Narruhn, R., Clark, T. (2020). Epistemic injustice: A philosophical analysis of women's reproductive health care in a Somali-American community. *Advances in Nursing Science*, 43(1), 86-100.

Woolsey, C., **Narruhn, R.** (2020). Structural competency: A pilot study. *Public Health Nursing*, 37, 602-613. <https://doi.org/10.1111/phn.12756>

STEVEN J. PALAZZO, PHD, MN, RN, CNE

Ly, J., Sin, M.K., **Palazzo, S.** (2019). Daily chlorhexidine bathing on central line associated bloodstream infections: Its implications on clinical setting. *JOJ Nursing & Health Care*, 11(1), 555801. <https://juniperpublishers.com/jojnhc/JOJNHCM.SID.555801.php>

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KUMHEE RO, DNP, FNP-BC

Ro, K., Villarreal, J. (2019). Microaggression in academia: Considerations and consequences. *Nursing Education Perspective*. Published online ahead of print doi: 10.1097/O1.NEP.0000000000000548

Sirochman, M., Speight, M., **Ro, K.**, Mathur, M. (2020). Diagnosis and therapeutic management of ischemic heart disease. In E. Perpetua, T. Keegan, (Eds.). *Cardiac Nursing*. 7th ed. Philadelphia, PA: Wolters Kluwer.

MO-KYUNG SIN, PHD, RN

Ly, J., **Sin, M.K.**, Palazzo, S. (2019). Daily chlorhexidine bathing on central line associated bloodstream infections: Its implications on clinical setting. *JOJ Nursing & Health Care*, 11(1), 555801. <https://juniperpublishers.com/jojnhc/JOJNHCM.SID.555801.php>

Zhou, J., Walker, R.L., Gray, S.L., Marcum, Z., Barthold, D., **Sin, M.K.**, Crane, P.K. (2019). Associations between glucose levels and dementia risk do not vary across groups defined by high blood pressure and antihypertensive treatments among people not treated for diabetes. *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*, 15 (7:23), 1196-1197.

Sin, M.K., Khemani, P. (2020). Pain and musculoskeletal disorders: Common nuisances in Parkinson's disease. *The Journal for Nurse Practitioners*, 16, 332-334.

Pham, C., **Sin, M.K.** (2020). Use of electronic health records at federally qualified health centers: A potent tool to increase viral hepatitis screening and address the climbing incidence of liver cancer. *Journal of Cancer Education*. <https://doi.org/10.1007/s13187-020-01741-1>

KRISTEN M. SWANSON, PHD, RN, FAAN

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Swanson, K. M. (2020). Decisiveness, flexibility are key in a crisis. *Conversations on Jesuit Higher Education*. Published online: <http://www.conversationsmagazine.org/web-features/2020/4/11/decisiveness-flexibility-are-key-in-a-crisis>

DIANE K. SWITZER, DNP, ARNP, FAEN

Fuller Switzer, D. (2019). Diversity and inclusion. In D. Carpenter, D. (Ed.). *Adult-Gerontology Acute Care Nurse Practitioner Q&A Review*. New York, NY: Springer Publishing.

Carman, M.J., **Fuller Switzer, D.** (2019). Flipping the conference. *Journal of Emergency Nursing*, 45(2), 194-196.

DANUTA M. WOJNAR, PHD, RN, MN, MED, IBCLC, FAAN

Miller, C., **Wojnar, D.M.** (2019). Breastfeeding support guided by Swanson's Theory of Caring. *MCN American Journal of Maternal Child Nursing*, 44(6), 351-356.

Hermer, J., Hirsch, A., Bekemeier, B., Nyirati, C., **Wojnar, D.**, Wild, L., Dotson, J.A.W., Smith, S., Griffin-Sobel, J.P., Oneal, G. (2019). Integrating

population health into nursing education: The process of gaining commitment from Washington's nursing deans and directors. *Journal of Professional Nursing*, 36(2):6-12. Epub 2019 Aug 19. PMID: 32204862. doi: 10.1016/j.profnurs.2019.08.004

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Baca-Dietz, D., (MSN '16, DNP '18), **Wojnar, D.M.**, Espina, C.R. (2020). The shared decision-making model: Providers' and patients' knowledge and understanding in clinical practice. *Journal of the American Association of Nurse Practitioners*. Published online ahead of print PMID: 32618736. doi: 10.1097/JXX.0000000000000401

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Marcinowicz, L., Shpakou, A., Piatrou, S., Fejfer-Wirbal, E., Dudzik, A., Kalinowska, P., Palubinskaya, S., **Wojnar, D.** (2020). Behavioural categories of professionalism of nurses in Poland and Belarus: A comparative survey. *Journal of Clinical Nursing*, 29(9-10):1635-1642. Epub 2020 Mar 10. PMID: 32092210. doi: 10.1111/jocn.15226

COLLEEN WOOLSEY, PHD, ARNP

Woolsey, C., Narruhn, R. (2020). Structural competency: A pilot study. *Public Health Nursing*, 37, 602-613. <https://doi.org/10.1111/phn.12756>

PRESENTATIONS

BONNIE H. BOWIE, PHD, MBA, RN, FAAN

With K. Huseby (DNP '20). *Evaluating a Pilot Community-Based Nutrition Program for Unhoused Men (Poster)*. Western Institute of Nursing Conference, Portland, OR, April 2020.

TERRY ROSE EPARWA, DNP, FNP-BC

Guidelines for Treating Muscle Spasms with Medicinal Cannabis: a Modified Delphi Study (Static presentation). In 20/20 and Beyond: Envisioning the Future of Nursing Research, Practice, and Education, Proceedings of the Western Institute of Nursing Virtual Conference, Portland, OR, April 2020.

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DOCTOR OF NURSING PRACTICE AND POST-GRADUATE CERTIFICATE PROGRAMS RE-ACCREDITED FOR 10 YEARS

The Commission on Collegiate Nursing Education (CCNE) has re-accredited the Seattle University College of Nursing Doctor of Nursing Practice (DNP) and Post-Graduate Certificate (PGC) ARNP programs for 10 years, extending their accreditation to December 31, 2030.

“We are ecstatic to have received such wonderful news about our DNP and PGC programs on the same day (actually within 30 minutes of each other) that we learned of the appointment of Seattle U President-Elect Eduardo M. Peñalver,” says Dean Kristen Swanson.

The DNP program at Seattle University prepares nurses to lead and transform care systems from a foundation of Jesuit values and social justice. Since it began in 2012, the program has grown from 4 students to 324 with a total of 59 graduates.

Seattle University College of Nursing

has long offered opportunities for those new to nursing and for professional nurses to expand their scope of practice. Study options at the College of Nursing include a full complement of advanced practice specialties, including DNP and PGC programs for Adult-Gerontology Acute Care Nurse Practitioner, Adult-Gerontology Primary Care Nurse Practitioner, Family Nurse Practitioner, Family Psychiatric Mental Health Nurse Practitioner, and Nurse-Midwifery.

The baccalaureate degree program in nursing/master's degree program in nursing/Doctor of Nursing Practice program and post-graduate APRN certificate program at Seattle University are accredited by the Commission on Collegiate Nursing Education (<http://www.ccneaccreditation.org>).

JENNIFER FRICAS, PHD, MPH, RN

Participatory Photography as an Innovative Method for Decolonizing Research Processes in Global Health and Development: Insights and Lessons Learned from an Ecuador Photovoice Study (Podium presentation). Sixth Biennial Ethnicity, Race, and Indigenous Peoples Conference of the Latin American Studies Association, Spokane, WA, September 2019.

What is Buen Vivir? Images of Home, Community, Environment, Participation, and Well-Being from Photographer-Researchers Living in Andean Ecuador / ¿Qué es el buen vivir? Imágenes de Hogar, Comunidad, Medio Ambiente, Participación, y Bienestar desde Fotógrafos-Investigadores Viviendo en Ecuador Andina (Virtual Art Installation). Comparative and International Education Society 2020 Conference, Virtual Conference, March 2020.

Creating a BSN Population Health Internship: Translating Evidence into Innovation (Static presentation). In 20/20 and Beyond: Envisioning the Future of Nursing Research, Practice, and Education, Proceedings of the Western Institute of Nursing Conference, Virtual Conference, Portland, OR, April 2020.

DAISY S. GARCIA, PHD, RN

With K. Camacho-Carr (Emerita) and Y. Weichao. *Bolivian Nurses Readiness to Engage in Evidence-Based Practice (Poster).* International Council of Nurses Congress, Singapore, June 27-July 1, 2019.

ANITA JABLONSKI, PHD, RN

With J. McGuigan and C. Miller. *Simulation in Combination with ELNEC Modules to Educate BSN Students about End-of-Life Care (Poster).* AACN BSN Education Conference, Orlando, Florida, November 21-23, 2019.

HYUN JUNG KIM, PHD, PMHNP-BC

With J.A. Lee, J. Rousseau, D. Sorokin, L. Gibbs. *Differences in Help-Seeking and Service Utilization Among Dementia Caregivers (Poster).* In 20/20 and Beyond: Envisioning the Future of Nursing Research, Practice, and Education, Proceedings of the Western Institute of Nursing Conference, Virtual Conference, Portland, OR, April 2020.

CARRIE WESTMORELAND MILLER, PHD, RN, CNE, IBCLC, CHSE

With A. Jablonski and J. McGuigan. *Simulation in Combination with ELNEC Modules to Educate BSN Students about End-of-Life Care (Poster).* AACN BSN Education Conference, Orlando, Florida, November 21-23, 2019.

ROBIN NARRUHN, PHD, RN

Barriers to Health for the Marshallese in Washington State (Presentation). Seattle University Faculty Research Lightning Talks, Seattle, WA, February 6, 2020.

Pandemic Urbanism Virtual Symposium (Representing Community Health Board Coalition in Panel Discussion). University of Washington College of Built Environments, <http://pandemicurbanism.com>, May 29, 2020.

KUMHEE RO, DNP, FNP-BC

With M.K. Sin, J.D. Villarreal, J. Liu. *Desired and Received Support for Racial/Ethnic Minority Nursing Faculty (Poster).* Sigma Theta Tau 30th International Nursing Research Congress, Calgary, Canada, July 2019.

Mentorship of Under-Represented Minority Faculty in Higher Education (Presentation). American Association of Colleges of Nursing (AACN), Naples, FL, January 2020.

MO-KYUNG SIN, PHD, RN

With K.H. Ro, J.D. Villarreal, J. Liu. *Desired and Received Support for Racial/Ethnic Minority Nursing Faculty (Poster).* Sigma Theta Tau 30th International Nursing Research Congress, Calgary, Canada, July 2019.

With Y. Chen, E. Zamrini, A. Ahmed. *Association Between Cardiovascular Disease Risk Factors and Progression of Dementia Severity (Podium presentation).* In 20/20 and Beyond: Envisioning the Future of Nursing Research, Practice, and Education, Proceedings of the Western Institute of Nursing, Portland, OR, April 2020.

KRISTEN M. SWANSON, PHD, RN, FAAN

Creating and Sustaining a Culture of Caring, Safety, and Affirmation (Keynote). Nursing Retreat 2019, AtlantiCare Regional Medical Center, Atlantic City, NJ, October 4, 2019.

What Calls Us to Caring (Keynote). Summit to Build Empathy, Compassion, and Love: 2019 Combined Facilitator Gathering, Creative Health Care Management, Sacramento, CA, October 28-29, 2019.

DIANE K. SWITZER, DNP, ARNP, FAEN

Hurricane Maria-The Role of the Nurse Practitioner in Disasters (Poster). 2020 AANP National Conference, New Orleans, LA, June 2020.

DANUTA M. WOJNAR, PHD, RN, MN, MED, IBCLC, FAAN

With D. Baca Dietz (MSN '16, DNP '18). *Shared Decision Making in Primary Care: Implications for Patients and Providers.* Nurse Practitioners Conference, Eugene, OR, Oct 16-19, 2019.

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NURSING GRAD STUDENT ESTABLISHES COVID-19 TRAINING AND POLICY PROGRAMS

With intensive experience in the health care field, Sarah Welch, '21, is working on the frontlines of the COVID-19 crisis as a STAT registered nurse, while pursuing a doctorate at Seattle University's College of Nursing.

Here's a Q&A with Welch, who reflects on both her professional role during the global pandemic and also how Seattle U factors into the progression of her career path.

WHAT IS YOUR CURRENT AREA OF PRACTICE/EMPLOYMENT?

Currently, I am working at the University of Washington Medical Center-Northwest (UWMC-NW) as a STAT RN, which is an expert registered nurse trained in critical care or emergency nursing who

serves as a hospital-wide resource to support nurses in the care of critically ill patients. We respond to all medical emergencies and provide bedside mentoring for nurses less experienced or trained in the care of critically ill or medically complicated patients.

WHAT IS YOUR ROLE IN IMPLEMENTING THE EDUCATIONAL PROGRAM TO SUPPORT COVID-19 RESPONSE EFFORTS?

I collaborated with the education department at UWMC-NW in the creation and implementation of a training program for outpatient clinic, surgical and pre-op nurses to be able to support acute care nurses in the event of surge in COVID-19 [cases]. Many of these RNs had never worked in the acute care environment, or it

had been many years. The goal of this program was to train these RNs for a role we created, referred to as an RN Extender. In the RN extender role, the nurses would provide support to the acute care nurses if there was a need to increase the nurse-to-patient ratio. In the setting of crisis and surge, we were anticipating a ratio of over 1:7.

We created a full-day didactic and hands-on training. We also organized and supported RNs through on-unit training with the acute care RNs, ensuring they had exposure to the various patient populations they would be expected to care for. In a period of three weeks, we created the training, completed three didactic days, and

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STUDENT SCHOLARLY PROJECTS

DOCTOR OF NURSING PRACTICE

Kirsten Carlson (DNP AG ACNP 20), *Improving Follow up Care in a Pediatric Genetics Clinic through a Parent Centered Process*. Chair: Carrie W. Miller, PhD, RN, CNE, IBCLC, CHSE, Reader: Alise Owens, DNP, FNP BC.

Shana Charles (DNP HSL 20), *Inspiring Female Adolescents on Positive Beliefs about Fitness, Nutrition and Stress Management*. Chair: Steven J. Palazzo, PhD, RN, CNE, Reader: Terri Clark, PhD, CNM, ARNP, RN, FACNM.

Natalie Dreyfoos (DNP FPMH 20), *Evaluating the Impact of a Depression Care Management Program*. Chair: Janiece DeSocio, PhD, PMHNP BC, FAAN, Reader: Robert Penfold, PhD and Terri Clark, PhD, CNM, ARN P, RN, FACNM.

Kate Dupre (DNP FNP 20), *Quality Improvement through Pediatric Stroke Education*. Chair: Colleen Woolsey, PhD, ARNP, Reader: Dr. Kristy Klee.

Mark Erickson (DNP FNP 20), *The Nursing Pipeline Project*. Chair: Steven J. Palazzo, PhD, RN, CNE, Reader: Blake K. Smith MSN, RN.

Mary Field (DNP HSL 20), *Nursing Satisfaction with the Electronic Medical Record: Implementing Meaningful Change at Seattle Childrens Hospital*. Chair: Bonnie H. Bowie, PhD, MBA, RN, FAAN, Reader: Carol Shade, DNP, RN, CPHIMS, FHIIMSS.

Amanda Fisher (DNP FNP 20), *Implementation of Human Trafficking Education for Emergency Department Nurses: Understanding Knowledge, Behaviors, and Beliefs*. Chair: Diane Switzer DNP, ARNP, FAEN, Reader: Alise Owens, DNP, FNP BC.

Lior Habinsky (DNP FNP 20), *Active Rehabilitation in Sports Related Concussions: An Educational Intervention for Primary Care Providers*. Chair: Michael Huggins, PhD, EdD, APRN, FAANP, Reader: Grace Oppenheim, MSN, ARNP, FNP BC.

Laura Houdek (DNP HSL 20), *Curriculum Guidelines for Abusive Head Trauma Education within the High School Curriculum*. Chair: Lauren Valk Lawson, DNP, RN, Reader: Christine Baker.

Katie Huseby (DNP HSL 20), *Nutrition Education for the Unhoused*. Chair: Bonnie H. Bowie, PhD, MBA, RN, FAAN, Reader: Lauren Valk Lawson, DNP, RN.

Annelise Joslin (DNP HSL 20), *Optimization of Documentation Practices at the Adolescent Behavioral Health Unit: Standardization and the Use of Clinical Decision Support in the Initial Evaluation Template*. Chair: Bonnie H. Bowie, PhD, MBA, RN, FAAN, Reader: Phinsto Bhutia, PhD, RN.

Helena Laubach (DNP FNP 20), *Evaluating the Feasibility of Practice Change: The Use of the PHQ 2 in the Urgent Care Setting*. Chair: Alise Owens, DNP, FNP BC, Reader: Janiece DeSocio, PhD, PMHNP BC, FAAN.

Amy Nelson (DNP HSL 20), *Improving Transgender Healthcare Experiences Using Photovoice*. Chair: Jennifer Fricas, PhD, MPH, RN, Reader: Lauren Valk Lawson, DNP, RN.

Sabrina Raj (DNP FNP 20), *Teen Take Heart Summer Challenge 2019*. Chair: Steven J. Palazzo, PhD, RN, CNE, Reader: Thomas Walker, MAED, LAT.

Kate Rowe (DNP HSL 20), *Improving Provider Confidence and Partnership with LGBT Patients Through Inclusivity and Education*. Chair: Elizabeth Gabzdyl, DNP, CNM, Reader: Kelly McBroom, PhD, ARNP, CNM.

trained more than 40 non-acute RNs to serve in the RN Extender role.

With social distancing efforts, the expected surge and scarcity of resources never happened, and these RNs did not need to be deployed in this capacity. However, I felt really good about the work my team accomplished. We evaluated our efforts and made recommendations for moving forward in the event that we should need to ramp up again in a future crisis.

YOU'RE ALSO INVOLVED IN DEVELOPING POLICIES AND PROCEDURES AT UWMC-NW. WOULD YOU ELABORATE ON YOUR ROLE IN THAT PROCESS?

The COVID-19 crisis has created unprecedented challenges to the entire health care system. Policies and protocols needed to be developed quickly in order for safe and evidence-based care to be provided to our patients, while simultaneously protecting our frontline health care workers from infection.

This formidable task required an all-hands-on-deck approach. I provided input and was engaged in many

discussions that lead to the creation of COVID-19-specific patient care and personal protective equipment (PPE) policies.

Synthesizing evidence from the World Health Organization and the CDC, I also independently created a policy for the "After-Death Care for the COVID-19 Patient." After completing a trial run and revising, this policy was implemented for the organization and is still active.

WHERE ARE YOU FROM? WHAT BROUGHT YOU TO SEATTLE U?

I'm from Massachusetts and moved to Seattle in 2000 after completing my undergraduate degree. I chose Seattle University because I was drawn to its Jesuit mission and tradition to educate each student as a whole—as well as its high academic standards. I also loved the idea of spending time on an urban campus in Capitol Hill.

Additionally, I knew graduates from the College of Nursing (CON) are highly regarded. In my career, I have worked with many Seattle U CON graduates and found them to be well-prepared,

hardworking, compassionate and professional nurses who spoke highly of their education and training.

WHAT DREW YOU TO YOUR CURRENT PROGRAM AREA AT SEATTLE U?

I'm enrolled in the Doctor of Nursing Practice (DNP), Adult Gerontology Acute Care Nurse Practitioner (AG-ACNP) program. When I applied to this program, I had been practicing as an RN for almost 15 years. Having always worked in the acute care setting and with critically ill patients, I believe that the transition to the AG-ACNP role is a logical progression in my professional and personal development.

I was drawn to the Acute Care Nurse Practitioner track because I wanted to grow my knowledge in this field. My goal is to work as an independent practitioner in the critical care environment and have a seat at the table where important policy decisions are made so I can champion best practices. I want to learn the important skills of being able to translate nursing and organizational leadership research into practice.

FACULTY LEADERS RECOGNIZED FOR LEADERSHIP IN NURSING AND HEALTH CARE



DR. BONNIE BOWIE

INDUCTED AS FELLOW OF THE AMERICAN ACADEMY OF NURSING



Fellows of the Academy of Nursing are nominated and selected based on their strong leadership skills and significant contributions to nursing and health care. “This is the highest honor offered to a nurse and recognizes a lifetime of achievements,” said Dean Swanson.

Bonnie H. Bowie, PhD, MBA, RN, FAAN, is a Professor and Associate Dean for Graduate Programs at Seattle University. She joined the College of Nursing in 2000 and has made many significant contributions to the success of its programs and students. She is an engaged Jesuit educator who strives to be an active participant in lifelong learning.

Dr. Bowie’s research addresses gaps in fostering interpersonally and physically safe environments for children and families. Her research raises awareness

of the harmful effects of microaggression and sibling aggression on children. She described how microaggressions by teachers can be particularly damaging to children and documented a higher association between Black children’s perceptions of peer and teacher discrimination and their experience of symptoms related to depression and anxiety. Through her studies of harmful sibling aggression, she realized that there were no mechanisms for clinical assessment of harmful sibling aggression. Along with Greg Hudson, DNP ’18, she co-developed and introduced a screening tool for harmful sibling aggression that can be administered during well child visits.

Dr. Bowie’s research also addresses threats to adult health. She partnered with nursing colleague, Lauren Lawson,

DNP, RN and across interdisciplinary teams to develop and pilot a cost-effective respite care model for homeless individuals needing a safe place to recover from illness. Working with health economics colleagues, Bridget Hiedemann, PhD and Erin Vernon, PhD from Albers School of Business and Economics, she addressed risks to women’s health associated with oral contraceptives, namely, flawed assumptions regarding the cost effectiveness of screening for thrombophilia prior to prescribing combined oral contraceptives. She is currently working with colleagues to change policy regarding thrombophilia testing at the state level, a condition that coupled with combined oral contraceptives can lead to markedly increased morbidity and mortality.



DR. BENJAMIN J. MILLER

INDUCTED AS FELLOW OF THE AMERICAN ACADEMY OF NURSE PRACTITIONERS



In June 2020, Benjamin J. Miller PhD, APRN, FNP-C, ACNPC, ENP-C, FAANP was among the 71 nurse practitioners inducted into the Fellows of the American Association of Nurse Practitioners (FAANP). He joined a group of leaders whose scholarly and forward-thinking contributions have led to meaningful improvements to health care and the nurse practitioner role.

Dr. Miller is an associate professor at Seattle University where he is track lead of the Adult Gerontology-Acute Care Nurse Practitioner (AG-ACNP) program. The program, which he founded at Seattle U, admits both DNP and post-graduate certificate students. In his role at Seattle U, he has been a trusted mentor and advisor to many graduate students. He has also developed a comprehensive Objective Structured Clinical Examination

(OSCE) program for NP students and helped to develop post-graduate fellowship programs.

Dr. Miller is an active health care provider whose practice focuses on family medicine, cardiology, emergency, and hospitalist care. He led multidisciplinary teams to rural Tanzania where he was instrumental in developing a health clinic.

The FAANP program was established to recognize NP leaders who have made outstanding contributions to health care through clinical practice, research, education or policy. Fellows of AANP are visionaries and, as such, hold an annual think tank to strategize about the future of NPs and health care. The new Fellows will continue demonstrating leadership and contributing to the mission of AANP.

LEADERS FOR A JUST AND HUMANE WORLD.

NURSING STUDENTS BUILD ON PUBLIC HEALTH INTERNSHIP EXPERIENCE, IMPROVE ACCESS TO WOUND CARE SUPPLIES FOR THE HOMELESS

As students, Sarah Dean and Brad Fifield took part in the College of Nursing's Public Health Internship (PHI)* program. This innovative program, which launched in fall 2019, pairs junior- and senior-level undergraduates with community agencies for 30 hours each quarter over the course of one year. This immersive community-centered learning experience introduces students to public health nursing and enables them to think critically about health advocacy beyond the bedside. In its inaugural year, PHI placed 81 students in 19 community health and social service agencies, with a total of 64 interprofessional mentors. Next year, 166 students will be matched into PHI service at local health and social service agencies.

Dean and Fifield were both interested in working with unhoused individuals and were placed at God's Li'l Acre (GLA), a drop-in center in the Lake City neighborhood of Seattle. GLA is a collaborative effort of the Seattle Mennonite Church (SMC) and the Lake City Partners Ending Homeless, a group that has fostered several programs that work to provide shelter and trauma informed services to individuals in the Lake City area experiencing homelessness or housing instability. The College of Nursing has had a longstanding partnership with the SMC providing

opportunities for nursing students to engage in services for unhoused individuals and families since 2008.

During the internship at GLA, both Dean and Fifield noticed a significant need for appropriate wound care. "We saw chronic non-healing, acute, and infected wounds," said Dean. "Based on research and interviews, we found that this issue was pervasive and multifaceted. There is a litany of risk factors that increase homeless individuals' risk for acute or chronic wound and an even longer lists of barriers and inequities that prevent them from accessing appropriate wound care."

The two teamed up to develop a method to provide safe, accessible wound care supplies to those they cared for at GLA. Dean said, "we formulated an intervention that operates under the harm reduction model, integrates positive change, and meets individuals where they are in the management of their health. Our main goal is to establish a system of providing accessible, clean, and appropriate wound care supplies to individuals living through homelessness in the Lake City Area."

The team (Dean and Fifield) implemented their first round of wound care kits in May. Each kit is equipped with dressing components, including waste bags, tips for old dressing removal, educational

handouts with simple instructions for care, signs and symptoms of infection, and local health care resources. They chose a durable, water-proof container (insolated lunch bags) for the kits to keep materials intact and dry. They plan to continue project operations throughout the summer.

"Through partnership and community buy-in, we hope this project continues beyond our time at Seattle University and becomes a mainstay at GLA," said Dean "We hope this project makes a sustainable impact on this organization, promotes health care literacy, community wellbeing, and empowers individuals to take charge of their health."

Sarah Dean and Brad Fifield took some additional time to tell us a little more about themselves and future career goals in this Q&A.

Where did you grow up? What brought you to Seattle U?

Brad Fifield: I am originally from New Hampshire. What brought me to Seattle U was the unique College of Nursing program that emphasized community service and outreach.

Sarah Dean: I grew up in Coeur d'Alene, ID and moved to Seattle to attend SU after being recruited to play for the women's soccer team—Go Redhawks! I graduated with a degree in General

Continued on next page



**SARAH DEAN, BSN '20,
AND BRAD FIFIELD, BSN '20,
RECEIVED A GRANT FROM
KING COUNTY NURSES
ASSOCIATE (KCNA) TO
PURSUE THEIR PROJECT
“NAVIGATING WOUND CARE
FOR THE HOMELES.”**

Pictured L to R: Sarah Dean, Jen Tate from God's Lil Acres, Brad Fifield all holding wound care kits.

Science with an emphasis in Chemistry and Biology. Following a career in critical care research, I decided to return to Seattle U to pursue my BSN.

Why did you choose to pursue your BSN at Seattle U?

Brad Fifield: Prior to moving to Seattle for my bachelor's degree, I was living in San Diego working towards an associate's degree in Pre-Nursing. I knew I wanted to stay on the West Coast and found that Seattle U had the values I was looking for in a nursing program as far as engaging with the local community, emphasizing care and compassion for patients, and encouraging the importance of constant self-care and reflection.

Sarah Dean: As a graduate of Seattle U, I knew its mission and teaching philosophy were centered upon the commitment to providing a holistic education. One that empowers, pushes, and supports its students to become leaders dedicated to social justice and enacting change. Knowing this, I was drawn to return to the SU campus to pursue my BSN. I knew it's mission would shape the type of nurse I wanted to become; a nurse devoted to community-centered advocacy, compassion, and service.

What are your plans or career goals after you graduate?

Brad Fifield: My career goal is to work as a cardiac ICU nurse for several years

after graduating and then apply to CRNA school. Throughout that time, I would also like to take what I have learned from this community health class and apply it to future projects and volunteer opportunities that can benefit my local community.

Sarah Dean: While I am still open to exploring the many fields of nursing, my goal is to continue working in the community hospital setting ultimately focusing on emergency and critical care medicine. I aspire to return to graduate school to pursue a DNP program of Adult Gerontology Acute Care and someday return to clinical research.

**The PHI is pending approval of NCQAC*

FUNDING

EXTERNAL AWARDS

NEW

Bonnie Bowie, PhD, MBA, RN, FAAN and **Kristen M. Swanson**, PhD, RN, FAAN, "International Community Health Services Nurse Practitioner Residency Academic Partnership," International Community Health Services (ICHS), July 1, 2019-June 30, 2023, \$69,200.

Cheryl Cooke, PhD, DNP, PMHNP-BC, **Janiece DeSocio**, PhD, RN, PMHNP-BC, FAAN and **Kristen M. Swanson**, PhD, RN, FAAN, "Integrating Substance Use Disorder Screening and Assessment into Treatment," January 1-June 30, 2020, American Psychiatric Nurses Association (APNA) and Substance Abuse Mental Health Services Agency (SAMHSA), \$5,000.

Sarah Dean (BSN '20) and **Brad Fifield** (BSN '20), "Navigating Wound Care for the Homeless," King County Nurses Association, 2020.

Mary Field, DNP, MBA, RN, CPHON (BSN '07, DNP '20), "A Longitudinal Cross-Sectional Evaluation of Nursing Satisfaction with the Electronic Medical Record," Seattle Children's Hospital, 2019-2022, \$9,923.

Jean Lowe, PhD, RN and **Kristen M. Swanson**, PhD, RN, FAAN, "SeaMar Community Health Services Nurse Practitioner Residency Academic Partnership," SeaMar Community Health Services, July 1, 2019-June 30, 2023, \$69,200.

Mo-Kyung Sin, PhD, RN, "Parkinson's Disease Nursing Student Ambassador Program" May 2020, Parkinson's Foundation Nurse Faculty Award, \$9,863.

Kristen M. Swanson, PhD, RN, FAAN, "The Robert and Jean Reid Family Foundation Endowed Scholarship," The Robert and Jean Reid Family Foundation, October 2, 2019-September 30, 2020, \$105,000.

CONTINUING

Carrie Westmoreland Miller, PhD, RN, CHSR, CNE, IBCLC, "Hearst OSCE Program," 1/1/2016-12/31/2019, The Hearst Foundation, \$150,000.

Kristen M. Swanson, PhD, RN, FAAN, "The Jonas Nurse Scholarship Program," 7/1/2018-6/30-2020, American Association of Colleges of Nursing, Jonas Center for Nursing and Veterans Healthcare, \$10,000.

INTERNAL AWARDS

NEW

Lisa Abel, DNP, MSN, ARNP, WHNP-BC, "Increasing access to cervical cancer screening for women affected by homelessness through human papillomavirus (HPV) self-collection," January 2020-December 2021, Seattle University College of Nursing Seed Grant, \$6,710.

Kumhee Ro, DNP, FNP "Desired and Received Support: Voices of Racial/Ethnic Minority Nursing Faculty," 2020, Seattle University Summer Faculty Fellowship, \$7,100.

SCHOLARSHIP RECIPIENTS

Reyes Alvarado Herrera (BSN '21), 2019, Western Washington-National Association of Hispanic Nurses Latinx Nursing Scholarship.

Jia Bowers (BSN '20), 2020, Mary Mahoney Professional Nurses Organization (MMPNO) Scholarship.

Farhia Hassan (BSN '20), 2020, Mary Mahoney Professional Nurses Organization (MMPNO) Scholarship.

Mackenzie Kyle Kilmer (BSN '21), 2020, Basic Award, King County Nurses Association.

Amaia Laskin (BSN '21), March 2020, Rosemary Ford Future of Oncology Nursing Foundation Scholarship, Seattle Cancer Care Alliance.

Allan Matias (BSN '21), 2020, American Association of Colleges of Nursing's COVID-19 Nursing Student Support Fund.

Belen Mesele (DNP '22), 2020, Valerie Weiss Award, King County Nurses Association.

Noelle Molstad (BSN '20), 2019-2020, Keith and Kathleen Hallman Endowed Scholarship, Harrison Medical Center.

Jason Naki (BSN '20), 2020, Mary Buike Memorial Fund Scholarship and Eileen Ridgway Endowed Nursing Outreach Scholarship, Seattle University College of Nursing.

Ellena Saechao (DNP '21), 2019-2020, Keith and Kathleen Hallman Endowed Scholarship, Harrison Medical Center.

Kayla Shull (BA '14, DNP '21), 2019-2020, Lois Price Spratlen Foundation Scholarship.



**OUR GRADUATES LIVE OUR VISION OF
MOVEMENT TOWARD SERVICE AND
CREATING A MORE JUST, HUMANE WORLD.**



Kayla Shull, BA '14 and DNP '21, was the 2019-20 recipient of the Lois Price Spratlen Foundation Scholarship. This scholarship program supports graduate students pursuing a career in advanced practice psychiatric nursing.

Shull is originally from Hawaii, raised on the east side of Oahu in a small town called Kaneohe. She moved to Seattle to pursue her undergraduate education at Seattle University and earned her BA in Psychology and Interdisciplinary Liberal Studies in 2014. She is currently studying to become a Psychiatric Mental Health Nurse Practitioner (PMHNP) in the Doctor of Nursing Practice (DNP) program, which puts her on track to become a double Seattle U alumna when she completes her doctoral studies in 2021.

Shull took some time out to reflect on how she came to Seattle U initially and why she decided to return and pursue her PMHNP-DNP.

“Out of all the colleges that I toured for undergrad, SU was the only school dedicated to enriching the community around them. I was especially drawn

to the mission to educate students for a just and humane world. It is a value that I hold close to me and hope to embody in my career as a psychiatric DNP,” said Shull. “Having completed my undergraduate degree at SU, I was familiar with the campus and small class sizes. I appreciated the professor to student ratio and felt that I would excel in that environment while earning my doctoral degree. All my best friends from undergrad are also nurses and they have incredibly fulfilling careers.”

Shull said she was drawn to the PMHNP-DNP program, “because I knew I would get a well-rounded education that would prepare me to achieve my dream of making large scale changes in the area of mental health care. I am deeply passionate about advocating for people with behavioral health issues and have felt supported at SU in my efforts to do this work.”

Shull’s project focuses on developing an assessment tool for wounds that have an injection drug use etiology and to implement a wound care program at Evergreen Treatment Services (ETS),

where she has experience as a methadone dispense/substance use disorder nurse.

Although wound care is not traditionally an area of interest for PMHNPs, wounds often derail treatment due to long hospital stays. “It’s important for advanced practice nurses to have a variety of skill sets regardless of specialty, not only for meeting immediate patient needs, but for coordinating patient care.” Shull says. She believes a program headed by practitioners in a trusting environment could lower hospital admissions and increase treatment adherence.

After completing her DNP, Shull plans to specialize in addiction medicine and wound care while continuing to work with ETS and acute care drug detox centers in the Seattle area.

“I want to serve those struggling with all types of substance use disorders. I believe that recovery looks different for everyone and that as providers we should not only be meeting people where they’re at, but where they want to be,” said Shull. “In my time working with ETS, I quickly learned that a first, second, third or tenth time in treatment may not be the last, but an open mind and non-judgmental attitude may make the fifteenth time the one. It is truly a privilege to watch someone turn their lives around, and that’s why I love this work.”

DEAN KRISTEN SWANSON INDUCTED INTO WSNA HALL OF FAME

The Dean of Seattle University's College of Nursing (CON), Kristen Swanson, PhD, RN, FAAN, was among six nurse leaders inducted into the Washington State Nurses Association (WSNA) 2020 Hall of Fame, which recognizes achievements that will endure beyond their lifetimes.

"Kristen Swanson has had an incredible impact on patient care, leadership, education, public service and clinical practice through her contributions to nursing science and nursing education," says the WSNA in Swanson's inductee profile. "Her Theory of Caring has provided the foundation for hundreds of scientific studies as well as a theoretical framework for the nursing care provided at clinical institutions worldwide."

Swanson's Theory of Caring is based on the idea that nurses demonstrating they care about patients is as important to patient well-being as the clinical activities provided. It considers and cares for the whole person and is the foundation for better healing and better care. Her Theory of Caring provided much needed guidance for the advancement of nursing science and for the quality of nursing practice in all clinical settings. Her contributions to nursing science and her leadership in nursing education has improved the profession globally and especially in the state of Washington.

Swanson has been dean of Seattle U's CON since 2014. For nearly 22 years, she served on the faculty at the University of Washington School of Nursing. She is beginning her second term as board chair of Swedish Health Services.

She is also well known for her research on pregnancy loss. Swanson has published over 100 articles and book chapters and provided hundreds of presentations and consultations to advance the science related to caring in nursing.

"Her seminal work in the science of caring is having a positive effect on the care provided by nurses and the outcomes of patient care. Her work has helped many, many institutions create a positive workplace environment and advanced the profession of nursing for all of us," says the WSNA.

Swanson's professional achievements and awards are numerous. To name a few, the inaugural University of Washington Medical Center Endowed Professor in Nursing Leadership, the University of North Carolina at Chapel Hill Alumni Endowed Professor, a member of the North Carolina Institute of Medicine, was inducted as a Fellow in



the American Academy of Nursing in 1991. In 2004 - 2007, she was a Robert Wood Johnson Foundation Executive Nurse Fellow, an advanced leadership initiative for nurses in senior executive roles who aspire to lead and shape the future U.S. health care system. She recently completed her second term on the American Association of Colleges of Nursing Board of Directors.

The six recipients were awarded by WSNA during a virtual event on Thursday, Aug. 6. Since 1996, the WSNA Hall of Fame award is given every two years to a select few in recognition of demonstrated excellence in the areas of patient care, leadership, education, public service, nurse advocacy, heroism, patient advocacy and/or clinical practice.

"2020 IS THE INTERNATIONAL YEAR OF THE NURSE AND MIDWIFE, SO IT IS PARTICULARLY MEANINGFUL TO RECEIVE THIS AWARD FROM WSNA AT THIS POINT IN TIME AND WITH SUCH AN ESTEEMED PANEL OF RECIPIENTS," SAYS DEAN SWANSON.

BETTY BEZA

RECEIVES SHINNYO-EN FELLOWSHIP

Betty Beza, BSN '21, is a senior at Seattle U pursuing her BSN degree. She is an active member of the university community, where she has served as an advisor for the Collegia program, Mentorship Officer for her BSN cohort and is Co-President of the African Student Association. After graduation she plans to spend 2 to 3 years working as a Pediatric or ED nurse then pursue graduate studies to become a Certified Registered Nurse Anesthetist (CRNA).

The Shinnyo-en Foundation, a Japanese Buddhist organization based in San Francisco, partners with the Center for Community Engagement to support current and recent undergraduates in discovering and/or honing their individual paths to peace through direct service. As a Fellow, Beza will work with a Seattle-based community partner for approximately 20 hours a week throughout the upcoming year as a way of exploring their vocational calling and contributing to the community.

Beza recently took some time to share how to she came to Seattle U and her fellowship project.

WHAT DREW YOU TO PURSUE YOUR BSN AT SEATTLE U?

I learned about SU's nursing program during my senior year of high school... every summer, a faculty member and a nursing student from SU would come to my high school, Gashora Girl's Academy (Kigali, Rwanda), to teach a women's and reproductive health class and do some maternal



Image credit: Yosef Kalinko

and infant health projects in a nearby community. It was moving to see that students can apply their knowledge by implementing their own projects of interest and have all the support from the faculty and the school at large; this was huge for me since I was already involved in community and service at my high school. It was after learning about the program's focus on social justice and its emphasis on a holistic approach in patient care that I knew SU's nursing program was for me.

HOW DID YOU BECOME INTERESTED IN THE TOPIC OF YOUR SCHOLARSHIP?

Community and service have always been my biggest interests and are highly connected to my passion for health care and nursing; however, it was not until my community health class, last spring, that I made up my mind to become a Shinnyo-en fellow at the Center for Community Engagement. In my class, we explored deeply the many challenges and disproportions that influence the

overall health care of individuals and communities, what those disparities mean to us as future health care providers and our role in addressing them to improve the health care outcomes of our patients, especially patients from marginalized communities. A big aspect of our role as student nurses and future providers is advocating for our patients and communities by meeting them where they are as part of the comprehensive care we provide. My program has offered me various clinical/hospital experiences where I provided bedside care for patients. It is possible that as a nursing professional I will encounter most patients at the bedside, however I believe there is a lot I can learn from the lives of my patients in their communities outside the hospital that can tell me a lot about their health care outcomes. I believe there is a lot to learn from working with communities, especially minority communities, that can help me better serve their

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MARY FIELD, BSN '07, DNP '20

RECEIVES PROVOST AWARD FOR GRADUATE STUDENT EXCELLENCE, RESEARCH GRANT FROM SEATTLE CHILDREN'S HOSPITAL

Among the College of Nursing's 2020 DNP graduates is Dr. Mary Field who received the Provost's Award for Graduate Student Excellence. This is an award given to a Seattle U graduate student who has maintained the highest grade point average throughout their program and also demonstrated outstanding leadership.

While completing her DNP, Field received a grant from Seattle Children's Hospital to fund a research study evaluating nursing use, quality, and satisfaction with the electronic medical record (EMR), which will continue until 2022. Her research is giving nurses a voice in evaluating a tool that is essential to completing their day to day work.

Field, a Pacific Northwest native, received her BSN from Seattle U in 2007 before completing her DNP this past June. Her professional areas of expertise are in pediatric hematology/oncology nursing and health care informatics. She also has an MBA with an emphasis in informatics.



In 2019, when asked why she chose to pursue her DNP at SU, she said, "As a nurse administrator and informaticist, I think the combination of an MBA and DNP provides me all of the tools I need on an everyday basis at work. To move projects forward I have found I need to have a strong foundation of

business skills and my graduate level nursing education allows me to take those projects and bring them to an academic level, so I know how to pitch a project AND evaluate it! I have found my formal business and nursing education to blend nicely in both of my roles as an administrator and informaticist."

Field's research study evaluating nursing use, quality, and satisfaction with the electronic medical record (EMR) at Seattle Children's Hospital will continue until 2022. "I want to give nurses a voice in evaluating the technological tool they use most every day!" she said. "There is a ton of published literature out there that focuses on provider satisfaction with the EMR, but very little about nursing satisfaction. I will be longitudinally evaluating this as we transition from one EMR to another while also looking at whether one's demographics (age, tenure in the role, type of nurse, and unit) make a difference in nursing satisfaction."

needs when I become a nurse. There is more than just the pathophysiology and symptoms that patients present with; there is racism, inequalities, immigration, financial status and health habits. I need to be aware of these factors to provide the holistic health care everyone deserves. By working with those communities, I am preparing myself to serve my patients holistically and gain a better understanding of where they are coming from. I am very excited to serve as a Shinnyo-en fellow during my senior year, and very excited for all the learning experiences that I am about to embark on.

WHAT ARE YOUR PROJECT GOALS?

As part of my fellowship, I will be working with a local non-profit organization that serves marginalized communities with a history of homelessness. These organizations provide them with resources to ease their transition to long-term stable housing. The resources range from low income housing, health-related services, financial services and nutrition programs to help them achieve sustainable development and attain a positive, healthy life outcome. Most members of the communities

I will be working with already have, or are at high-risk of developing, chronic diseases... obesity, asthma, mental health and substance-related problems, as well as domestic violence are most prevalent in those populations. I will be working to help advance their health care outreach program by developing an information model that can be shared with those families to support them in making positive lifestyle choices as they transition to stable long-term housing.

HONORS

ACADEMIC APPOINTMENTS

NEW APPOINTMENTS/NEW HIRES

ASSISTANT PROFESSORS

Daniel Cline, PhD, RN, ANP-BC, CEN
DoQuyen Huynh, DNP, ARNP, FNP
Alic Shook, PhD, RN

INSTRUCTORS

Shannon Hines, MSN, RN
Stanley Kong, MSN, FNP-C, ARNP
Samantha Poss, DNP
Margot Sprague, MSN, RN
Bren Tiel, MSN, RN

LECTURERS

Viola Bongiorno, MS, BSN, RN-BC
Grace Gasior, MSN, RN
Benjamin Hocutt, MSN, AG-ACNP
Laura Houdek, MSN, FNP
Aubrey Lawlor, MSN, ARNP, CNM

ADJUNCT FACULTY

Czarina Butac, DNP
Pamela Christensen, MN, ARNP, ACCNS-P,
RN-BC, CPN
Lyndsey Conway, MN, RN, BMTCN
Karen Cowgill, PhD, RN
Swee May Cripe, PhD
Leslie Enz, BSN, RN, C-EFM
Mary Field, DNP, MBA, RN
Asurupi Gurung, MSN, FNP, ARNP
Sandi Jo Hamilton, MSN, RN
Pamela Heron, MSN, RN
Katie Huseby, DNP, ARNP, FNP-BC
Kristen Jutras, BSN, RN
Ava Kozłowska, DNP, PMHNP
Elizabeth Mack, MSN, FNP
Seve Manuel, MSN, ARNP, FNP-C
Sadie McHatton, MSN, RN
Lee Moore, DNP, MEd, ARNP, PMHNP-BC,
CARN-AP
Bethany Phillips, MSN, RNC-NIC, CPN
Anthony Pirot, DNP, ARNP
Lora Schallert, MSN, RN
Carol Shade, DNP, RN, CPHIMS, FHIMSS
Roxanne Sochenda, BSN, RN
Alice Stenecker, BSN, RN, CPN
Teresa van Winkle, MPH, BSN, RN, CPN
Sailaza Vintha, BSN, RN

STAFF APPOINTMENTS

PROMOTIONS

Christina De Senouillet, Senior Clinical
Placement Coordinator
Rebecca Severson, APNI Academic Advisor

NEW HIRES

Ian Brumbaugh, Administrative Assistant
Justin Crippen, Clinical Services Assistant
Kei Hattori, Undergraduate Program Coordinator
Ann Limbaugh, Executive Coordinator
to the Dean
Ronda Mitchell, Undergraduate
Academic Advisor
Brian O'Malley, CPL Simulation Technician
Peggy Stevens, Operations/
Administrative Assistant

LEADERSHIP APPOINTMENTS AND ACTIVITIES

Jennifer Fricas, PhD, MPH, RN, Appointed
Communications Officer of the Indigenous
Knowledge and the Academy Special Interest
Group of the Comparative and International
Education Society.

FELLOWSHIPS

FACULTY

Bonnie H. Bowie, PhD, MBA, RN, FAAN, Fellow,
American Academy of Nursing, 2020
Benjamin J. Miller, PhD, APRN, FNP, ACNP,
FAANP, Fellow, American Academy of Nursing
Practitioners, June 2020

STUDENTS

Betty Beza, BSN '21, Shinnyo-en Foundation
Fellowship, June 2020.

AWARDS

FACULTY

Mo-Kyung Sin, PhD, RN, Visiting Nurse Faculty,
Edmond J. Safra Visiting Nurse Faculty Program,
Parkinson's Foundation, September 2019 and
Shine Award: Championing Professional
Formation, Seattle University, May 2020.

Kristen M. Swanson, PhD, RN, FAAN,
Washington State Nurses Association Hall of
Fame Inductee, March 2020.

STUDENTS

Mary Field (DNP '20), Provost's Award for
Graduate Student Excellence, June 2020.

Suraj Chand (BSN '20), Sister Mary Ruth Niefhoff
Award, June 2020.

Peter Hoang (BSN '20), Spirit of the College of
Nursing Award, June 2020.

Jason Naki (BSN '20), Spirit of the College of
Nursing Award, August 2020.

Summer Nordike (BSN '20), Nursing Service
Award, August 2020.

Kathryn Yuu (BSN '20), Nursing Service Award,
June 2020.

Mia Wang (BSN '20), Sister Mary Ruth Niefhoff
Award, August 2020.

ALPHA SIGMA NU JESUIT HONOR SOCIETY INDUCTEES

Alisa Bieber (DNP '21)
Lindsey Bui (BSN '21)
Mary Field (DNP '20)
Laura Houdek (DNP '20)
Katherine Huseby (DNP '20)
Jody Kline-Mchugh (DNP '21)
Navdeep Malhi (DNP '21)
Caelin Katherine McDonald (BSN '20)
Katelin Jean Miller (BSN '21)
Adrian Joseph Cortez Nava (BSN '21)
Ellerey Nelson (DNP '21)
Sabrina Raj (DNP '20)
Adeline Oktavianti Sugeng (BSN '20)
Michelle Tran (DNP '21)
Riquelle Lynn Weaver (BSN '20)

JASON NAKI

RECIPIENT OF THE MARY BUIKE MEMORIAL FUND SCHOLARSHIP AND EILEEN RIDGWAY NURSING OUTREACH SCHOLARSHIP



While a senior nursing student, Jason Naki, '20, was been selected for two College of Nursing scholarships that recognized him not only for his academic ability, but for his commitment to service and his drive to make a positive impact in the world.

"Being of service is one of my values," says Naki, who currently serves as president of the Seattle University Student Nurses Association (SUSNA) and Mentorship Officer for his fellow class of '20 transfer nursing students. "I endeavor to build connections among our nursing student community on campus."

Naki decided to pursue a career in nursing after overcoming personal challenges. "I am no stranger to the hospital and use my experience as a patient in the ICU to inform my practice," he said. "The RN who took care of me during that stay was pivotal in my restoration, because of her kindness, compassion and upbeat attitude."

The dignity and respect Naki received from the RN who cared for him affected him deeply. He said, "I strive to be that positive impact in my current position as a Nursing Technician (CNA) at Harborview Medical Center. The harder I work, the better off my patient outcomes are."

Naki's Ridgway project, *Healthy Happy Hour*, aims to improve the health of Seattle Housing Authority (SHA) residents who are at high-risk of homelessness due to socioeconomic status, chronic illness, disability status and/or mental health challenges. One aspect of his project is to hold a quarterly healthy cooking class that includes demonstrations of how to prepare tasty,

healthy and nutritious foods made from ingredients typically included in donation boxes from the nearby food bank.

Naki is clearly passionate about caring for people "heavily impacted by negative determinants of health, like homelessness, mental health challenges, substance use, and those who do not use English as their first language," and said that after he graduates hopes to continue at Harborview in their Nurse Residency Program to continue being of service to the most underserved residents of King County.

"I strive to help and serve others," Naki said, "I am proud to be an SU Redhawk, because living life guided by spiritual principles, like honesty, mindfulness, humility, integrity, and working toward making the world a little brighter is important to me."

The Mary Buike Memorial Scholarship was established in memory of Mary Theresa (Range) Buike who passed away in 2017 from Advanced Ovarian Cancer. This scholarship is intended to encourage the important role that genuine, heartfelt compassion plays in positively impacting seriously ill (even terminal) patients and their family members, and to support the formation of nurses who will serve with empathy and kind-heartedness.

Established in May 1996, the Dr. Eileen Ridgway Endowed Nursing Scholarship aims to kindle and fuel leadership development by encouraging student development in community outreach, service and civic efforts. The selection committee is affiliated with Seattle U's Alpha Sigma Chapter of Sigma Theta Tau International honor society.

To learn more about endowed scholarships at the College of Nursing, contact Peggy O'Boyle Fine, Director of Development, at 206 296 1896 or finep@seattleu.edu



Image credit: Yoset Kalmko

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901 12th Ave | P.O. Box 222000 | Seattle, WA 98122 | (206) 296-5660 | nurse@seattleu.edu | seattleu.edu/nursing