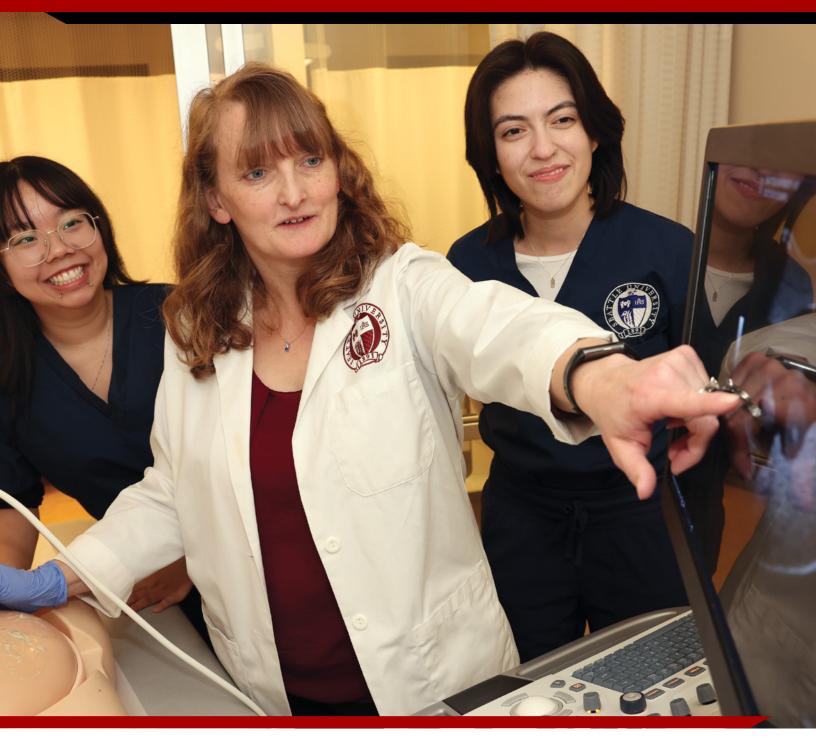
COLLEGE OF NURSING



SEATTLE UNIVERSITY

ANNUAL REPORT OF SCHOLARSHIP I 2023-2024 ACADEMIC YEAR



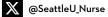
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A publication of Seattle University College of Nursing Editor: Beth Branchaw, branchb@seattleu.edu Dean: Butch de Castro, PhD, MSN/MPH, RN, FAAN seattleu.edu/nursing





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LETTER FROM THE DEAN

Greetings,

Our College of Nursing is on the rise! We are thrilled that the efforts we put into educating and inspiring future leaders in health care are getting better recognized. Nationally, our Bachelor of Science in Nursing program is ranked #74 (an improvement of 80 points in one year!), and our Doctor of Nursing Practice program is ranked #45. Because of the quality of our academic programs, embedded within Seattle University's distinct Jesuit tradition, we continue to attract students who represent the best in society. They come to Seattle University with a soaring sense of purpose to not simply do good in the world, but to uplift it.

The research our faculty pursue is reaching new heights in impacting clinical practice and improving the health of populations, and they elevate learning through novel teaching methods across our learning settings in classrooms, communities, health care agencies and our clinical simulation lab. Additionally, our staff play a tremendous role in ensuring organizational operations are in fine feather.

Moreover, our community of supporters, with a keen bird's eye view, see the great things we are doing. They have stepped up this past year like never before and, their generosity has manifested in gifts totaling nearly \$2.4M—the most of any Seattle University college or school in fiscal year 2024. This total is more than double our fundraising from fiscal year 2023 and our highest since fiscal year 2005. We also recently received an incredible \$5M gift from Charles M. Pigott, former President and Chief Executive Officer of PACCAR, Inc., to help expand nursing and health professions education and training. We are deeply grateful for the ongoing

belief in the work we do. All gifts, whatever size, make a meaningful difference in the College of Nursing!

As Dean for just over a year, I am increasingly grateful for the opportunity to spread my wings with the College of Nursing. I have had an amazing experience—learning, living, and loving the culture and spirit of Seattle University and all that it offers. And, I am especially proud of all we have achieved in our ascent.

This 2024 edition of the annual report of scholarship illustrates the multidimensional excellence of our College of Nursing. The collective accomplishments of our students, faculty, and staff demonstrate the variety of ways we endeavor to transform health care for a just and humane world.

Butch de Castro, PhD, MSN/MPH, RN, FAAN

Dean & Professor Robert J. and Mary H. Bertch Endowed Professor in Nursing Leadership

On the cover: Instructor Beth Keating demonstrates a fetal ultrasound exam to students in Seattle University's diagnostic ultrasound program, one of the nation's first baccalaureate programs of its kind.



2024 OUTSTANDING RECENT ALUMNUS:

RENEE RASSILYER-BOMERS

Renee Rassilyer-Bomers, '03, '06, '16, has built an exemplary career in health care, highlighted by her critical leadership during a local COVID-19 vaccination response effort that served as a national model.

For her unwavering dedication to helping the community and her continued leadership in the health care sector, Rassilyer-Bomers was honored as the 2024 Outstanding Recent Alumna.

For over 20 years Rassilyer-Bomers has worked at Swedish, now serving as the Chief Nursing Officer. During the height of the pandemic, she spearheaded vaccination clinics at Seattle University, neighborhoods around Swedish and at Lumen Field. The incredible efficiency of these clinics made the national news when Starbucks' corporate team brought a systems-efficiency team to study the Seattle University Community Vaccination Clinic.

A nominator said that witnessing Rassilyer-Bomers' leadership "was equivalent to witnessing an 'elite athlete' in action" as she "displayed incredible organizational and systems leadership, outstanding use of patient care technology to address population health and breathtaking collaborations with colleagues, the local university, government and industry as she ensured vaccines were equitably distributed to all people."

With a small team, Rassilyer-Bomers created the COVID-19 Vaccine Clinic Playbook that became a template for scalable response to immunization demands. Her efforts at the vaccination clinic at Lumen Field became the largest civilian-led vaccination site in the nation and exemplified the potential of public and private sector collaborations in public health and emergency events.

SCHOLARSHIP

Fifteen faculty were published a total of 21 times in publications ranging from Lancet Oncology to JNP: The Journal of Nurse Practitioners.

PUBLICATIONS

BONNIE H. BOWIE, PHD, MBA, RN, FAAN

Roach, A., Bowie, B., & de Chesney, M. (2023). State of the art of research on human trafficking. In M. de Chesney, & D. Sabella (Eds.), *Human trafficking: A global health emergency* (pp.409-418). Springer Publishing Co.

BUTCH de CASTRO, PHD, MSN/MPH, RN, FAAN

Lorenzo, K.B., Gee, G.C., de Castro, B., Zhao, Z., Yan, J., Hussein, N., & Yip, T. (2024). Everyday discrimination and sleep among migrant and non-migrant Filipinos: Longitudinal analyses from the Health of Philippine Emigrants Study (HoPES). Journal of Immigrant and Minority Health, 26(2), 304-315.

THERRY EPARWA, DNP, MSN, BSN, RN, FNP-BC

Whinkin, E., Eparwa, T.R.J., Julseth, M.C., Schneider, A., & Aggarwal, S.K. (2023). Reductions in anxiety and depression symptoms in a subset of outpatients with problematic substance use who received ketamine-assisted psychotherapy: A two-year retrospective chart review. *Frontiers in Psychiatry*, *14*. https://doi. org/10.3389/fpsyt.2023.1160442

JENNIFER FRICAS, PHD, MPH, RN

Garcia, D., Fricas, J., & Vargas-Vargas, M. (2024). Respuesta de enfermería a la pandemia COVID-19 en Bolivia. Revista Salud Publica en Acción, 5(1), le-13e. https://doi.org/10.53287/gazw2569ik77n

Van Baak, B., Powell, A., Fricas, J., & Caupain Sanderson, A. (2023). Essential nursing actions to reduce inequities for Black women in the perinatal period. *Journal of Obstetric, Gynecologic & Neonatal Nursing, 52*(6), 454-466. https://doi. org/10.1016/j.jogn.2023.07.002

DAISY S. GARCIA, PHD, RN

Garcia, D., Fricas, J., & Vargas-Vargas, M. (2024). Respuesta de enfermería a la pandemia COVID-19 en Bolivia. *Revista Salud Publica en Acción*, 5(1), le-13e. https://doi.org/10.53287/gazw2569ik77n

BEN HOCUTT, MSN, AG-ACNP

Hocutt, B., Owen, M.I., Albert, N.M. (2024). Use and intensification of oral guideline directed medical therapy in hospitalized patients with heart failure and reduced ejection fraction. *JNP: The Journal of Nurse Practitioners, 20*(7), 105088.

SUZAN GRIFFIS KNOWLES, DNP, MN, RN-BC

Fuller Switzer, D., & Knowles, S. (2024). Ethics: Crisis standards of care simulation. Advanced Emergency Nursing Journal, 46(1), 71-81. https:// doi.org/10.1097/TME.000000000000498

JILA MIRLASHARI, PHD, RN

Ebrahimpour, F., & Mirlashari, J. (2023). Art and hope for children with cancer. *The Lancet Oncology, 24*(12), 1319-1320.

Ebrahimpour, F., & Mirlashari, J. (2024). Children's perspective of hope in living with leukemia: A qualitative study using drawing. *Journal of Pediatric Nursing*, 78, 66-74.

Mirlashari, J., Brotto, L.A., Lyons, J., & Pederson, A. (2024). The wall of silence: Perceived barriers to gender-based violence disclosure among women in the perinatal period. *Canadian Journal of Nursing Research*, 56(1), 117-128.

MELISSA OWEN, PHD, RN, CNE, FHFSA

Hocutt, B., Owen, M.I., & Albert, N.M. (2024). Use and intensification of oral guideline directed medical therapy in hospitalized patients with heart failure and reduced ejection fraction. *JNP: The Journal of Nurse Practitioners, 20*(7), 105088.

KUMHEE RO, DNP, APRN, FAANP, FAAN

Ro, K., & Villarreal, J. (2024). A BOLD framework to support diverse faculty. *Nurse Educator*. https:// doi.org/10.1097/NNE.00000000001638

GAYLE ROBINSON, PHD, MN, BSN, RN

Canty, L., Robinson, G., Moore, R., Hagedorn, S., & Manning, F. (2024, April). Episode 2 [documentary-video series]. *Reckoning with racism in nursing*. Reckoning with Racism in Nursing Committee; StoryCenter; Seedworks Films; Robert Wood Johnson Foundation Funded Project.

MO-KYUNG SIN, PHD, RN, FGSA, FAAN

Sin, M.K., Zamrini, E., Ahmed, A., Nho, K., & Hajjar, I. (2023). Anti-amyloid therapy, AD and ARIA: Untangling the role of CAA. *Journal of Clinical Medicine*. *12*(21):6792. PMID: 37959255

Sin, M.K., Cheng, Y., Roseman, J., Zamrini, E., & Ahmed, A. (2023). Relationship between late-life blood pressure and cerebral microinfarcts in octogenarians: An observational autopsy study. *Journal of Clinical Medicine*, *12*(18), 6080. PMID: 37763020

Santos, K.C., Durkee-Neuman, E., Ong, A., & Sin, M.K. (2024). Pain management in cognitively impaired older adults. *International Journal of Nursing and Health Care Research 7*, 1528. PMID: 38919605

Sin, M.K., Cheng, Y., Roseman, J., Zamrini, E., & Ahmed, A. (2024). Relationship between cerebral microinfarcts and dementia by sex: Findings from a community-based autopsy study. *International Journal of Cerebrovascular Disease and Stroke*, *7*, 171. PMID: 38689945

DIANE FULLER SWITZER, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, FAAN

Denke, N.J., Fuller Switzer, D., Davis, W.D., Gibbons-Hallman, M., & House, D.T. (2023). Supporting emergency care delivery through updated emergency nurse practitioner competencies. *Journal of Emergency Nursing*, *49*(5), 654-660. https://doi.org/10.1016/j. jen.2023.05.005

Fuller Switzer, D., & Knowles, S. (2024). Ethics: Crisis standards of care simulation. Advanced Emergency Nursing Journal, 46(1), 71-81. https:// doi.org/10.1097/TME.000000000000498

ANNETTE THOMAS, PHD, RN

Thomas, A.J., Mitchell, E.S., Pike, K., & Woods, N.F. (2023). Stressful life events during the perimenopause: Longitudinal observations from the Seattle Midlife Women's Health Study. *Women's Midlife Health*, 9(1), 6. http://doi. org/10.1186/s40695-023-00089-y

BEN WHITE, PHD, RN

White, B., Walsh, E., & Willgerodt, M. (2023). The resilience of pediatric nurses in context: A mixed methods study. *Western Journal of Nursing Research, 45*(12), 1085-1093. https://doi. org/10.1177/01939459231204693

Willgerodt, M., White, B., Johnson, K., Hetzel, A., & Fast, G. (2023). Assessing the landscape of Washington State School Nurse Services and Health Teams to Advance Health Equity 2023. Washington School-Based Health Alliance. https://wasbha.org/wp-content/uploads/ 2024/01/Landscape-Assessment-of-School-Health-Services-in-Washington-finalreport-11-14-23.docx-2.pdf

White, B., Hetzel, A., Willgerodt, M., Durkee-Nueman, E., & Nguyen, L. (2024). The impact of COVID-19 on school nursing: A qualitative survey of stressors faced by school nurses. *Public Health Nursing, 41*(3), 543-554. https://doi. org/10.1111/phn.13297



VOICES FOR CHANGE IN BLACK MATERNAL HEALTH

Written by Andrew Binion

ursing undergraduates turn a yearlong population health internship into a peer-reviewed journal article calling for change to lower mortality rates among Black mothers.

After learning about alarmingly high mortality rates of Black women before, during and after pregnancy, two Seattle University undergraduate nursing students decided they needed to do something.

Working with the then CEO of Byrd Barr Place, a nonprofit that serves the Black community in Seattle and across the state, and the Seattle University College of Nursing professor who oversaw the yearlong population health internship at the organization, the two students turned their final paper into a high-quality journal article that can serve as an important resource for the nursing community.

Their paper, "Essential Nursing Actions to Reduce Inequalities for Black Women in the Perinatal Period" was published late last year in the prestigious *Journal of Obstetric, Gynecologic & Neonatal Nursing.*

Bethany Van Baak, '22, who works as a registered nurse in the Emergency Department at Overlake Medical Center in Bellevue, says she and Amy Powell, '23, wrote the piece of "critical commentary" as a way to move beyond asking "What is the problem?" and doing something about it.

Van Baak says the problem is clear—racism is killing Black women when they are giving birth and the article can help focus the efforts of nurses.



ANDREA CAUPAIN Sanderson, former ceo of byrd barr place

"It can be an actionable, tangible thing that people can actually do to make a difference," Van Baak says. "The problem is big enough that we need to be doing more than what's already been done."

As interns at Byrd Barr Place the students provided the organization with the needed capacity to develop a case for support of this work, says Andrea Caupain Sanderson, former CEO of Byrd Barr Place.

Caupain Sanderson adds that she and others can use the paper to make funding pitches, as well as pitches to other community service organizations to help address this issue. It's also a personal issue for Caupain Sanderson, who is a Black mother of two children, who is the co-founder and co-executive director at the BIPOC ED Coalition.

"The Seattle University interns provided us with the space, time and capacity to get a deeper dimension of the issue and develop the case for support," she says.

The critical commentary produced by the students arrived not a moment too soon and advocates five points for nurses engaged in the care of Black maternal health:

- Understand drivers of health inequities among Black women.
- Reflect on implicit bias.
- Use respectful care frameworks with Black women.
- Conduct ethical research.
- Advocate for change.

"Our approach to the paper is to not just keep dumping

"ALTHOUGH THIS RACIAL DISPARITY MIGHT SEEM OVERWHELMING ON A MACRO SCALE, NURSES ARE FINDING WAYS TO TAKE ACTION."

on this issue," says Van Baak. "But how do we actually make this useful not only to the audience, but specifically to the nursing community?"

In their paper the authors note that "Maternal mortality has increased each year from 2019 to 2022 and Black women are affected disproportionately. Regardless of socioeconomic status or education level, Black women die two to three times more often than white women in the perinatal period."

Powell, now a registered nurse at the Cedars-Sinai Marina del Rey Hospital in Los Angeles on the medsurg/telemetry unit, says her experience at Seattle University and through the internship gave her an accurate impression of nursing—both the highs and lows—and opened her eyes to health inequalities.

"It can be daunting and overwhelming to learn the statistics on this issue," Powell says. "But this article outlines a good place where nurses can make a difference in their everyday care by advocating for all their patients."

While the national maternal mortality ratio saw an increase among non-Hispanic white women during the pre-COVID-19 pandemic period and into the shutdown—rising from 17.9 in 2019 to 26.6 in 2021, an almost 49 percent increase—the same period saw a staggering increase for deaths among non-Hispanic Black women.

Already starting out far higher than their white counterparts, Black women saw a nearly 56 percent increase in deaths during the "perinatal" period—starting at 44 deaths per 100,000 of live births in 2019 and rising to 69.9 deaths per 100,000 of live births in 2021.



AMY POWELL, '23

The authors of the paper note that while the numbers are alarming, nurses know that despair is not an option.

"Although this racial disparity might seem overwhelming on a macro scale, nurses are finding ways to take action," the authors write.

College of Nursing Assistant Professor of Nursing Jennifer Fricas, PhD, says yearterm internships like the population health internship impart mutually beneficial learning and service experiences with community partners. In the past, population health nursing clinical experiences were limited to 10-week intervals. However, she notes relationship building, trust formation and identification of useful engagement activities with community organizations and community

members takes much longer.

The final deliverable winding up published in a peerreviewed nursing journal is atypical, especially for undergraduates.

"When I read it, I immediately recognized that its quality was so high, it could become a peer-reviewed publication, so I reached out to the students to gauge their interest in working on that," Fricas says.

It's a long road to publication and she mentored the three other listed authors through the 18-month process, noting that in her 16 years teaching at the SU this is her first experience publishing with undergraduates.

"I was super impressed by how dedicated everyone was to the entire process," Fricas says. "It was a very fulfilling team achievement!" Eleven faculty presented a total of 25 times in the 2023-24 academic year—from Chicago, Raliegh and Florida to San Diego and Salt Lake City.

PRESENTATIONS

BONNIE H. BOWIE, PHD, MBA, RN, FAAN

Hiedemann, B., Vernon, E., Bowie, B, & Wark, M. (2024, June). Association of policies increasing access to contraception with teen birth rates [Podium presentation]. Western Economics Association International Conference, Seattle, WA.

JENNIFER FRICAS, PHD, MPH, RN

Fricas, J. (2023, November). Do nurses understand embodiment? Exploring a critical connection for improving human and environmental health in the Anthropocene [Conference presentation]. American Public Health Association Annual Conference, Atlanta, GA.

DAISY S. GARCIA, PHD, RN

Garcia, D.S. (2024, May). Enfermería basada en la evidencia y calidad de atención en hospitales [Evidence-based nursing and quality of care in hospitals] [Conference presentation online]. International Nursing Conference: Quality of Nursing Care in Surgical Patients, Obrero Hospital N 1, La Paz, Bolivia.

Garcia, D.S. (2024, June). Ensuring nurses' protagonism within the healthcare systems in developing countries [Conference presentation abstract]. Sigma Theta Tau International Honor Society of Nursing, Global Advocacy Academy, Sigma Repository. https://hdl.handle. net/10755/624676

SUZAN GRIFFIS KNOWLES, DNP, MN, RN-BC

Fuller Switzer, D., & Griffis Knowles, S. (2024, June). Utilizing simulation-based learning to teach ethical decision making within the context of crisis standards of care in Adult-Gerontology Acute Care Nurse Practitioner (AG-ACNP) education [Podium presentation]. INACSL24 Conference, Raleigh, NC.

Fuller Switzer, D., & Griffis Knowles, S. (2024, March). Utilizing Simulation Based Learning (SBL) to teach ethical decision-making during Crisis Standards of Care to advanced practice nursing students [Poster presentation]. EmergNP Annual Conference, Salt Lake City, UT.

Fuller Switzer, D. & Griffis Knowles, S. (2023, June). Ethics: Crisis standards of care simulation [Podium presentation]. Seattle Nursing Research Consortium Conference, Seattle, WA.

JILA MIRLASHARI, PHD, RN

Mirlashari, J. (2024, June). Breaking the silence: Empowering survivors and transforming healthcare responses to gender-based violence [Conference presentation]. 7th European Regional Sigma Conference 2024, Bournemouth University, United Kingdom.

Mirlashari, J. (2024, July). Quiet grief: Understanding infant loss in the NICU and the influence of religion and culture on support for bereaved parents [Poster presentation]. End-of-Life Nursing Education Consortium (ELNEC), Portland University, Portland, OR.

MELISSA OWEN, PHD, RN, CNE, FHFSA

Esbensen, K., Groninger, H., Noorani, N., Owen, M.I. (2023, November). Does ESAS-r miss important palliative care needs in heart transplant candidates? [Conference presentation]. 16th Annual Department of Medicine Research Day, Emory University, Atlanta, GA.

Esbensen, K., Groninger, H., Noorani, N., Owen, M.I. (2023, September). Does the Edmonton Symptom Assessment Scale-Revised (ESAS-r) adequately assess palliative care needs among heart transplant candidates? [Poster presentation]. Southern Hospital Medicine Annual Conference, Atlanta, GA.

KUMHEE RO, DNP, APRN, FAANP, FAAN

Ro, K. (2024, April). What leadership attributes are desired by nursing faculty for enhanced recruitment and retention? [Podium presentation]. National Organization of Nurse Practitioner Faculties, Washington, DC.

Ro, K. (2024, February). Creating a more equitable health care system [Podium presentation]. American Association of University Women (AAUW), Washington, DC.

Ro, K. (2023, August). Graduate nursing student academy Transition to education/teaching [Podium presentation]. American Association of College of Nursing (AACN), Washington, DC.

Ro, K. (2023, June). An analysis of the primary care workforce in Washington State [Podium presentation]. Washington State Health Care Authority, Olympia, WA.

GAYLE ROBINSON PHD, MN, BSN, RN

Robinson, G. (2024, April). Engaging with reckoning with racism in nursing [Invited presentation]. Lightening Talks, Seattle University, Seattle, WA.

MO-KYUNG SIN, PHD, RN, FGSA, FAAN

Sin, M.K. (2024, April). The association between late-life blood pressure and Cerebral Amyloid Angiopathy [Paper presentation]. 2024 New Investigator in AD Meeting, Bethesda, MD.

Sin, M.K. (2024, April). The association of late-life blood pressure with CERAD and Braak Stages: Findings from the national Alzheimer's Coordinating Center Dataset [Poster presentation]. 2024 New Investigator in AD Meeting, Bethesda, MD.

Sin, M.K. (2023, November). Relationship between cerebral vasculopathies and microinfarcts in community-based older adults [Paper presentation]. Gerontological Society of America, Tampa, FL. Sin, M.K. (2023, November). Relationship between cerebral microinfarcts and dementia by gender among community-based older adults [Paper presentation]. Gerontological Society of America, Tampa, FL.

DIANE FULLER SWITZER, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, FAAN

Fuller Switzer, D., & Griffis Knowles, S. (2024, June). Utilizing simulation-based learning to teach ethical decision making within the context of crisis standards of care in Adult-Gerontology Acute Care Nurse Practitioner (AG-ACNP) education [Podium presentation]. INACSL24 Conference, Raleigh, NC.

Fuller Switzer, D., & Griffis Knowles, S. (2024, March). Utilizing Simulation Based Learning (SBL) to teach ethical decision-making during Crisis Standards of Care to advanced practice nursing students [Poster presentation]. EmergNP Annual Conference, Salt Lake City, UT.

Davis, W.D., Denke, N., Hallman, M.G., House, D.T., Switzer, D.F., & Wilbeck, J. (2023, September). A collaboration to unify Emergency Nurse Practitioner Competencies [Poster presentation]. Emergency Nurses Association Annual Conference, San Diego, CA.

Davis, W.D., Denke, N., Hallman, M.G., House, D.T., Switzer, D.F., & Wilbeck, J. (2023, June). A collaboration to unify Emergency Nurse Practitioner Competencies [Poster presentation]. American Association of Nurse Practitioners National Conference, New Orleans, LA.

Fuller Switzer, D. (2024, June). Seattle University AI Panel Presentation for Seattle University AI Week [Invited panel presentation]. Washington Tech Industry Association, Seattle, WA.

Fuller Switzer, D. & Griffis Knowles, S. (2023, June). *Ethics: Crisis standards of care simulation* [Podium presentation]. Seattle Nursing Research Consortium Conference, Seattle, WA.

Fuller Switzer, D. (2024, February). Utilizing Simulation Based Learning to teach ethical decision-making during crisis standards of care for adult gerontology acute care nurse practitioner students [Invited panel member]. Lightening Talks: Rapid Technological Change and its Societal and Economic Impacts, Seattle University, Seattle, WA.

BEN WHITE, PHD, RN

Willgerodt, M., Maughan, E., White, B., Decato, S., Poland, E., & Stumpf, R. (2024, June). *Bi-coastal examination of school health service: Data to advance health equity* [Conference presentation]. NASN24 National Association of School Nursing Conference, Chicago, IL.



The 2024 Dr. Luth M. Tenorio College of Nursing Dean's Endowed Lectureship, titled *"Artificial Intelligence and Ethical Perspectives from Nursing,"* brought together thought leaders to discuss the ethical implications of AI in health systems and patient care.

This year's speakers included:

- Rozzano Locsin, PhD, RN, FAAN, PAASE, Professor Emeritus at Florida Atlantic University and renowned nursing theorist, who is known for his work on *Technological Competency* as *Caring in Nursing* and his many accolades, including being named a Fellow of the American Academy of Nursing.
- Liz Stokes, PhD, JD, RN, Director of the ANA Center for Ethics and Human Rights, whose expertise in nursing ethics and public policy has shaped significant work on end-of-life care and AI in health care. Dr. Stokes also serves as Associate Editor for the *Journal of Bioethical Inquiry*.

The lecture included a panel discussion with local nursing leaders:

- **Sofia Aragon, JD, BSN, RN, FAAN**, Executive Director, Washington Center for Nursing
- David Keepnews, PhD, JD, RN, FAAN, Executive Director, Washington State Nurses Association
- Mila Sprouse, EdD, MSN, RN, CCRN-K, NE-BC, Vice President/Chief Nursing Officer, Virginia Mason Medical Center
- Renee Rassilyer-Bomers, DNP, CMSRN, RN-BC-FAAN, Chief Nursing Officer, Providence Swedish Puget Sound Central Service Area

Dr. Luth Tenorio, whose vision helped establish this annual lecture, continues to support its legacy, enabling the College of Nursing to bring national and international experts to campus, fostering dialogue on vital issues in nursing and health care.

BSN PROGRAM MOVES UP 80 PLACES IN NATIONAL RANKINGS

Seattle University's Bachelor of Science in Nursing program moved up 80 places in the national ranking to #74 according to U.S. News & World Report undergrad rankings for 2025.

"The significant rise in ranking brings us tremendous pride and reflects the continued commitment of our faculty and staff to deliver a high-quality, rigorous academic program," said Dean Butch de Castro. "We prepare our students to be knowledge-ready and practice-ready as they move into a health care system increasingly reliant on nurses to be competent and confident to take on today's complex patient care challenges. More than that, this year's ranking reinforces the growing reputation of our graduates being highly skilled as much as they are selflessly compassionate."

Seattle University also ranked highly for value, social mobility, teaching excellence and innovation.



STUDENT SCHOLARLY PROJECTS

Students in the Doctor of Nursing practice program complete a scholarly project as part of their graduation requirements. This year's cohort produced 60 projects that explore innovative ways to advance the nursing profession and improve health care.

DOCTOR OF NURSING PRACTICE ADULT-GERONTOLOGY ACUTE CARE NURSE PRACTITIONER Alinea, R.A., & Lamptey, N. (2024).

Implementation of non-pharmacological sleep checklist in adult Intensive Care Unit (ICU) to decrease delirium. Chair: Diane Fuller Switzer, DNP, ARNP, FNP-BC, ENP-BC, ENP-C, FAEN, FAANP.

Cruz, M. (2024). Quality improvement project: The use of social determinants of health questions in an emergency room setting. Chair: Colleen Woolsey, PhD, ARNP.

Lam, C. (2024). Return to play knowledge after a mild traumatic brain injury. Chair: Elizabeth Gallagher, DNP, ARNP, FNP-BC.

Le, C. (2024). Rapid response education for acute care registered nurses and certified nursing assistants. Chair: Diane Fuller Switzer, DNP, ARNP, FNP-BC, ENP-BC, ENP-C, FAEN, FAANP.

Sargent, J. (2024). Reducing sepsis morbidity and mortality through EHR screening tools and nurse-led sepsis bundles in the acute care setting. Chair: Bernice Gulek-Bakirci, PhD, ARNP.

Wong-Van Alstyne, R. (2024). Perioperative surgical home program evaluation: Elective total joint arthroplasty. Chair: Bernice Gulek-Bakirci, PhD, ARNP.

ADULT-GERONTOLOGY PRIMARY CARE NURSE PRACTITIONER

Jones, A., & Jensen, S. (2024). Integration of primary care into an outpatient community mental health center: A program evaluation. Chair: Annette Thomas, PhD, RN.

CERTIFIED NURSE-MIDWIFERY

Dunn, N., & Gilman, M. (2024). Assessing attitudes towards and acceptability of trauma-informed care training in reproductive health care. Chair: Amanda Heffernan, PhD, CNM, ARNP.

Korbonits, S. (2024). Improving patient care of adults experiencing alcohol withdrawal: A quality improvement project. Chair: Amanda Heffernan, PhD, CNM, ARNP.

Lynch, K., & MacKriell, R. (2024). Evaluating the effectiveness of a vaginal breech birth training program. Chair: Kelly McBroom, PhD, CNM, ARNP.

Ozunal, M. (2024). Collaboration with OB/GYNs: A best practice midwife-led high risk peripartum care model in a federally qualified health center. Chair: Kelly McBroom, PhD, CNM, ARNP.

Ramtahal, H. (2024). Provider navigation of cannabis use among patients who seek reproductive health care. Chair: Therry Eparwa, DNP, MSN, BSN, RN, FNP-BC.

Truong, T.N., & Drangsholt, H. (2024). Improving integrated care through an interprofessional communication education module using TeamSTEPPS®. Chair: Elizabeth Gabzdyl, DNP, CNM.

Yousuf, E. (2024). Cervical cancer screening and education in the Somali Immigrant community of King County. Chair: Robin Narruhn, PHD, MN, RN.

FAMILY NURSE PRACTITIONER

Abramyan, G. (2024). Improving patient post-operative discharge instructions to prevent surgery site infection. Chair: Jennifer Fricas, PhD, MPH, RN.

Arns, C. (2024). The impact of post discharge follow-up appointment attendance on readmission rates in patients with heart failure. Chair: Melissa Owen, PhD, RN, CNE, FHFSA.

Barrett, S. (2024). Increasing rates of secondary referral services in the outpatient setting for patients with uncontrolled Diabetes Mellitus. Chair: Jonnae Tillman, DNP, PMHNP-BC.

Baset, M., Bollozos, A., & Miller, D. (2024). Improving confidence and knowledge of injectable Buprenorphine at a community health clinic. Chair: Jenny Curwen, DNP, ARNP, CNM, FNP-C.

Benedetto, T. (2024). Integration of primary care into a residential community mental health center: A program evaluation. Chair: Mary Shelkey, PhD, GNP-BC, ARNP.

Black, A., & **Kaur**, T. (2024). Evaluation of pain neuroscience education among veterans with chronic pain. Chair: Teresa van Winkle, PhD, MPH, RN, CPN.

Cheung, J., & **Mueller**, A. (2024). Assessing nurse readiness with computerized systems in anticipation of *EMR* implementation. Chair: Patrick Murphy, PhD.

Drangsholt, H., & Truong, T.N. (2024). Improving integrated care through an interprofessional communication education module using TeamSTEPPS®. Chair: Elizabeth Gabzdyl, DNP, CNM.

Gastineau, E. (2024). Evaluating the effectiveness of revised preoperative teaching materials on Mohs micrographic surgery. Chair: Courtney Foss, DNP, APRN, FNP-C.

Gill, C. (2024). Important predictors for cervical cancer screening in patients 21-24 years of age: Evaluating provider use of updated practice guidelines. Chair: Lisa Abel, DNP, MSN, ARNP, WHNP-BC.

Hahn, E. (2024). A multi-year practice change plan to increase utilization of primary care precision medicine and EHR-based pharmacogenomic clinical decision support. Chair: Patrick Murphy, PhD.

Huizar, B. (2024). Assessing the efficacy of nurse-led follow-up visits in hypertension care: A protocol analysis. Chair: Elizabeth Gallagher, DNP, ARNP, FNP-BC.

Jensen, S., & Jones, A. (2024). Integration of primary care into an outpatient community mental health center: A program evaluation. Chair: Annette Thomas, PhD, RN.



John, L., & Nur, S. (2024). Diabetes selfmanagement education program for Spanish speaking patients with Type 2 Diabetes within primary care. Chair: Mo-Kyung Sin, PhD, RN, FGSA, FAAN.

Luedeke, T. (2024). Impacts to anxiety, depression, and psycho-spiritual metrics after Ketamine-assisted psychotherapy in palliative care patients at the AIMS Institute. Chair: Therry Eparwa, DNP, MSN, BSN, RN, FNP-BC.

Mack, S., & Meyer, T. (2024). Advanced practice provider advocacy for addressing inequity in community health. Chair: Robin Narruhn, PhD, MN, RN.

Madison, S., & Kelley, F. (2024). A health needs assessment of an unhoused population to influence policies and procedures within an *RN*-run clinic. Chair: Bonnie Bowie, PhD, MBA, RN, FAAN.

Magness, H. (2024). Medication for opioid use disorder in a community mental health clinic. Chair: Patrick Murphy, PhD.

Maher, L. (2024). Treatment and prevention of hypoglycemia in adult diabetic patients. Chair: Elizabeth Gallagher, DNP, ARNP, FNP-BC.

Mao, H. (2024). Comparing IV Tenecteplase and Alteplase for acute ischemic stroke in a community hospital in the Pacific Northwest: Which yields better outcomes? Chair: Bonnie Bowie, PhD, MBA, RN, FAAN.

Martinez, J. (2024). Perspectives of care providers in screening for adverse childhood experiences. Chair: Jila Mirlashari, PhD, RN.

Mirea, D. (2024). Improving patient understanding of medications in hospitals utilizing nurse-driven education protocols. Chair: Courtney Foss, DNP, APRN, FNP-C.

Nguyen, J. (2024). Quality improvement: Enhancing clinical staff preparedness for malignant hyperthermia crisis through staff education in ambulatory surgery center. Chair: Jennifer Fricas, PhD, MPH, RN.

Nguyen, L. (2024). Designing A community-level

hypertension management program for rural Vietnam. Chair: Daisy S. Garcia, PhD, MSN, BSN.

Pero, Y. (2024). A Medications for Opioid Use Disorder (MOUD) program collaboration between Kitsap County Jail and Peninsula Community Health Services: A quality improvement project. Chair: Jennifer Fricas, PhD, MPH, RN.

Saivong, J. (2024). Evaluating the efficacy of the Diabetic Self-Management Education and Support (DSMES) program among Asian Americans with T2DM. Chair: Anita Jablonski, PhD, RN.

Sedghi, S. (2024). Implementation and evaluation of an in-service training on gestational diabetes for non-CDCES staff nurses. Chair: Lisa Abel, DNP, MSN, ARNP, WHNP-BC.

Tamayo, D. (2024). The integration of telehealth services for college students: A program evaluation. Chair: Elizabeth Gallagher, DNP, ARNP, FNP-BC.

Wortman, G. (2024). Decreasing therapeutic inertia in the treatment of Type 2 Diabetes Mellitus. Chair: Teresa van Winkle, PhD, MPH, RN, CPN.

Zhao, Y. (2024). Evaluate the safety of continuous feeding vs. intermittent feeding for hospitalized patients over the age of 55. Chair: Lisa Abel, DNP, MSN, ARNP, WHNP-BC.

PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER

Bennett, V. (2024). Measuring confidence of psychiatric staff in screening for sexual assault. Chair: Patrick Murphy, PhD.

Christnacht, A. (2024). *Ketamine in Postpartum Mood and Anxiety Disorders (PMADs)*. Chair: Therry Eparwa, DNP, MSN, BSN, RN, FNP-BC.

Coetzer, C. (2024). Identifying barriers and providing ecommendations to improve rates of suicide screening for perinatal patients. Chair: Suzan Knowles, DNP, RN.

Dion, C., & **Zamora**, K. (2024). Enhancing high school teachers' and counselors' preparedness to provide gender-affirming social support for

transgender non-conforming adolescents. Chair: Lisa Abel, DNP, MSN, ARNP, WHNP-BC.

Fitzgerald, E., & Renes, S. (2024). Interpreting community-based service provider perspectives to identify gaps at reentry for justice-involved individuals who experience serious mental illness. Chair: Colleen Woolsey, PhD, ARNP.

Lal, R., & Son, G.A. (2024). Nursing staff training on compounded intranasal ketamine for treatment-resistant depression. Chair: Benjamin White, PhD, RN.

Luo, C. (2024). The impact of time paired psychotherapy and ketamine. Chair: Jonnae Tillman, DNP, PMHNP-BC.

Malstrom, K. (2024). Measuring the impact of training staff in brief mindfulness interventions on practice and self-efficacy in an adolescent residential setting. Chair: Jila Mirlashari, PhD, RN.

Oluyinka, M. (2024). Enhancing equitable care in mental health by educating staff on cultural humility care: An improvement project within a community mental health setting. Chair: Jonnae Tillman, DNP, PMHNP-BC.

Rasmussen, A. (2024). A depression clinical decision pathway for oncology nurses. Chair: Jaime Navetta, DNP, MN, RN, CNE.

Weidner, M. (2024). Program evaluation in the prevention of postpartum depression in an urban women's health clinic. Chair: Jaime Navetta, DNP, MN, RN, CNE.

POST-MASTER'S HEALTH SYSTEMS LEADER DOCTOR OF NURSING PRACTICE

Geleta, B. (2024). Implementing team-based and virtual nursing models to improve achievement of quadruple aims. Chair: Bonnie Bowie, PhD, MBA, RN, FAAN.

Hocutt, B. (2024). A focused education intervention on sodium glucose co-transporter 2 inhibitor usage in adult patients hospitalized with acute decompensated heart failure to improve prescribing rates of appropriate therapy. Chair: Melissa Owen, PhD, RN, CNE, FHFSA.

CLASS OF 2024 Spotlight

NATHAN ELLER, BS: A HEART FOR HEALING

Written by Andrew Binion

In high school, an echocardiogram discovered the cancer hiding in Nathan Eller's chest, possibly saving his life but also setting him on track to help others.

s a high school senior in Kent, Wash., with a talent for the violin and track and field, Nathan Eller was struck by a mysterious affliction after running, a mystery solved when an echocardiogram spied a cancerous mass lurking behind his heart.

With the help of his family and then high school sweetheart and now wife, Fern, Eller made a full recovery from what would be diagnosed as lymphoma. However, he never forgot the encounter with the echocardiogram that possibly saved his life.

That experience led him to Seattle University's Diagnostic Ultrasound program, the first of its kind in Washington state, and from which Eller officially graduated with a Bachelor of Science degree in 2024.

Eller walked at commencement with his classmates in June then completed his final internship at the end of August. Even though he was technically still a student, prior to commencement he had already accepted a position as an echocardiographer at MultiCare Tacoma General Hospital and was on the job as a staff member on days he wasn't working on his internship.

"I haven't seen any of the same pathology that I had yet," says Eller. "But every time that I see a patient that has something seriously wrong with their heart, I'm like, without this exam, they probably wouldn't have as good of an outcome without someone like me doing this exam. So, it just feels like very meaningful work."

During college Eller didn't let go of his love of violin, an instrument he started playing at age 11, and one that allowed him to earn his living performing at weddings.

"They just made us pick an instrument in elementary school and I remember there being a violinist at my church one time and I thought that it was really pretty, so I went for it," he says.

Eller's passion is classical music, but he commonly fields lots of pop requests. The most popular song he is asked to play? Elvis Presley's, "Can't Help Falling in Love."



On top of that, Eller found time to serve as one of two class representatives for his junior and senior years in the College of Nursing. He has talked to incoming students about the program, helped organize a professional development day where a host of recruiters presented to nursing and ultrasound students, as well as planning the graduation celebration for the class.

What stands out from his time at SU is the community he found among classmates.

"We're just so tight," he says, pointing out the active group text chat that has facilitated the proofreading of manuscripts they are writing for academic journals. "It is cool knowing that I'm going through this exact same thing with these other people that I'm so close to."

When thinking of advice to offer students, he says not to worry.

"Don't worry too much about the present and don't worry too much about the future because worrying about the future only negatively impacts the present," he says. "Everything just kind of works itself out." CLASS OF 2024 Spotlight

JAIDEN CHILDS, BSN: EMBARKING ON HER NURSING CAREER AS A 2ND LIEUTENANT IN THE ARMY

Written by Lincoln Vander Veen

aiden Childs, '24, was really excited to graduate and to attend the Commencement ceremony itself. When Childs graduated from Bothell High School in 2020, she didn't get the chance to walk with her classmates at that time due to COVID-19 restrictions, so she was more than ready to walk across the stage at Climate Pledge Arena.

She graduated from Seattle University with goals in place, the determination to meet those goals and a deep love for nursing. Along with earning a nursing degree Childs is a Distinguished Military Graduate, an honor reserved for the Top 20 percent of graduating U.S. Army ROTC cadets in the nation.

Additionally, she is a George C. Marshall award winner, the top ROTC cadet at Seattle University—an award she calls "the cherry on top"—and traveled to Kentucky with other top cadets from around the country to hear from and talk with some of the most esteemed leaders and thinkers in America. Her journey to ROTC actually started at home.

"I became interested in the military as my mom was talking to my older brother about post-high school options," explains Childs. "I went to all the Army recruiters with my brother, listened in the background as my brother learned about the military. Now I am about to commission as an Active Duty 2nd Lieutenant."

In this Q&A Childs shares her most memorable experience at SU along with her favorite professor and her "dream" job.

Q. What drew you to Seattle University?

Childs: The nursing and ROTC programs. I looked at the nursing curriculum and determined it'd make me the best nurse I could possibly be. And I knew ROTC would make me a great leader. And it turns out, I found a new family in the program, too. Also, I wanted to stay close to where I grew up (Bothell), to learn more about this community and help it grow.

Q. What is your most memorable moment or experience from your time SU?

Childs: Every spring in ROTC we rappel off the Casey building. It's a cumulative event where we just get to have fun and challenge ourselves.

Q. What was your favorite class or professor and why?

Childs: Dr. Anita Jablonski and her medical/surgical theory course. I learned the most with Dr. Jablonski and made the most connections. The class gave me a good grasp on what nursing actually is-being there for your patients and their families.

Q. What are your plans postgraduation?

Childs: I will be newly commissioned as a 2nd Lieutenant in the Army and will take the National Council Licensure Examination (NCLEX-RN). After that, I'll discover what Army station I will be at for the next two years and then go to my officer training course. During this period I will learn to be an Army nurse officer before my four years of active duty at my first duty station.

Q. What is your dream job or career?

Childs: Nursing has always been my passion. I would like to go back to school and earn my PhD in nursing and then head into a leadership and administrative role within nursing to help impact public policies and the policy positions of the organization I'm working in.

Q. What advice would you give to incoming Seattle University students?

Childs: I'd tell each of them to 'find your why' because we all have goals and pack our schedules with classes to help fulfill those goals, but to create a fulfilling college experience you have to find that ultimate motivation. I'd also encourage students to find like-minded people (friends, professors and administrators) you can lean on when times get hard.



The Archbishop Raymond G. Hunthausen Outstanding Service Award recognizes a student who embodies the Jesuit ideal of being a person for and with others through service to both the university.

aniel Fernandez Tamayo, '24, was awarded the 2024 Archbishop Raymond G. Hunthausen Outstanding Service Award and delivered the valedictory address at Seattle University's Graduate Commencement ceremony.

Daniel's passion for public service and health advocacy drew him to participate in student and local government since he was an undergraduate pursuing a bachelor's degree in public health from the University of Nevada. His desire to effect change through public health policy, coupled with a keen interest in the clinical aspects of health care, motivated him to explore a career in nursing and enroll in the Doctor of Nursing Practice program at Seattle University.

As a graduate student, Tamayo served as President and Executive Board Chair of the SU Graduate Student Council for two years. In this role, he advocated for mental health resources and established conference and reimbursement grants for students.

"My time as a graduate student at SU provided me with many opportunities to explore my interests in public service and health advocacy. I was honored to be elected as the Graduate Student Council President and Chair for two consecutive years. In this role, I was able to work with the university administration to advocate for student needs," said Tamayo.

Building on his academic, leadership and professional

Pictured above: Daniel Tamayo accepting the Hunthausen Award at the Graduate Commencement Ceremony from Provost Shane P. Martin with President Eduardo Peñalver looking on.

experiences, Tamayo chose to examine the efficacy of integrating telehealth services for college students in his doctoral project.

"In reflecting on my experience," said Tamayo, "the faculty and staff of Seattle University were always willing to assist students by connecting us with valuable resources to help in our future endeavors."

In his address to his fellow Class of 2024 graduates, Tamayo reflected on his own struggles with self-doubt during his academic journey and shared three lessons that helped him overcome them:

KNOW and commit to your mission LOVE and embrace challenges SERVE where you are needed

Tamayo currently works as a Critical Care Registered Nurse at Providence Swedish and Psychiatric Registered Nurse with Pathlight Mood & Anxiety Center. After passing his nurse practitioner certifying exams, he plans to provide care for populations typically underserved and underrepresented, as well as participate in medical missions to other countries providing preventative health care.

FUNDING

During the 2023-2024 academic year, 10 College of Nursing faculty members were actively conducting research funded by 13 grants from various funders, including the National Institutes of Health and the Hearst Foundation, among others.

EXTERNAL AWARDS

NEW

Lauren Bibin, DNP, CHSE, CNE, CNM, "Seattle University nursing simulation modernization grant," Washington Student Achievement Council, \$105,231.

Butch de Castro, PhD, MSN-MPH, RN, FAAN, "Longitudinal study of sleep deficiency mechanisms among filipino migrants," National Institutes of Health (sub awardee to University of California, Los Angeles), \$13,903.

Robin Narruhn, PhD, MN, RN, "Marshallese youth conscientization & Bwebwenato," NIMBLE Grantee: Pacific Islander Community Association, April 2024 – March 2025, \$29,970. https://phpda. org/project/marshallese-youth-conscientization/

CONTINUING

Lauren Bibin, DNP, CHSE, CNE, CNM, "Enhancing simulation fidelity in nursing education," The Hearst Foundation, January 1, 2023-December 31, 2025, \$200,000.

Bonnie H. Bowie, PhD, RN, FAAN, "Thriving under the evergreens and big sky: Optimizing primary, mental and maternal health care options in the Northwest," Advanced Nursing Education Workforce, Health Resources and Service Administration, 2023-2027, \$2,591,070.

Kumhee Ro, DNP, FNP-BC, FAAN, FAANP, Robert Wood Johnson Foundation Health Policy Fellowship Program at National Academy of Medicine, September 1, 2022-August 31, 2024, \$165,000.

Gayle Robinson, PhD, RN, [Co PI with Lucinda Canty & Reann Moore], "An overdue reckoning on racism in nursing: An initiative to develop anti-racism solutions," Robert Wood Johnson Foundation, University of Massachusetts Amherst, November 15, 2022-November 15, 2023, \$250,000.

Alic Shook, PhD, RN, "Using youth-engaged methods to develop a technology-based sexual education intervention for transgender and gender expansive youth," National Institutes of Health (NIH), R21 Exploratory/Developmental Research Grant, Seattle Children's Hospital, September 5, 2022-August 31, 2023, \$7,980. Mo-Kyung Sin, PhD, RN, FAAN, FGSA, "Blood pressure, amyloid β and tau, and cerebral amyloid angiopathy: A pathway for Alzheimer's dementia management," National Institutes of Health (NIH), May 1, 2022-April 30, 2024, \$268,576. Mo-Kyung Sin, PhD, RN, FAAN, FGSA, "Blood pressure, microinfarcts, and dementia: A pathway for Alzheimer's disease management," National Institutes of Health (NIH), September 1, 2021-May 31, 2023, \$287,982.

INTERNAL

NEW

Robin Narruhn, PhD, MN, RN, "Survivance of the Ri Majel," Institute for Catholic Thought and Culture, Seattle University, July 1, 2024-July 1, 2025, \$7,100.

CONTINUING

Amanda Heffernan, PhD, CNM, ARNP, "Migration justice and health immersion," Start Up Grant, College of Nursing, Seattle University, 2023-2025, \$2,500.

Yuting Lin, PhD, RN, "Developing a competencybased standardized patient simulation (SPS) on telehealth nutrition educational counseling for undergraduate nursing nutrition education," Start Up Grant, College of Nursing, Seattle University, 2023-2025, \$6,2760.

Continued on page 14



SU Gives in February 2024 was a huge success. A total of 110 donors made 143 gifts to the College of Nursing, raising \$29,341!

When Dean de Castro challenged our supporters to "Reach the Sky" by securing gifts from 100 donors, you delivered. As promised, he celebrated by rappelling down the roof of the six-story Casey Building. Special thanks to the SU Army ROTC Brady Battalion for allowing him to join their rappelling training exercise, and to our nursing student cadets for supporting him every inch of the way—up and down.

SAVE THE DATE: SU GIVES IS MARCH 4, 2025

This is your chance to join us in supporting the College of Nursing.

You can make your gift today toward our goal for SU Gives by scanning the QR code or visiting: https://bit.ly/3YVHc8A



FUNDING Continued

The College of Nursing awarded 89 scholarships from 32 different scholarship funds, providing financial assistance to 86 students.

SCHOLARSHIPS

EXTERNAL

Fullbright Scholarship, English Teaching Award Adeline Ong, '24

Lois Price Spratlen Foundation Scholarship Zoe Evans-Agnew, '25

Mary Mahoney Professional Nurses

Organization Scholarship Maryan S. Ali, '25 Nasro Ahmed, '25 Lochelle Cox, '25 Heremela Y. Gebrehiwot, '25 Michael Yosief Ghebremariam, '25 Lekashia Riley, '25 Sonia Edwidge Tchamba Leckeu, '25 Brittany Wambui Tellis, '25 Ahmed Jama, '25 **King County Nurses Association Scholarship** Abraham M. Desta, '24 Sarah Hall, '24 Heremela Yemane Gebrehiwot, '25

Rosemary Ford Future of Oncology Nursing Scholarship, Seattle Cancer Care Alliance Cielo Gatmen, '25

COLLEGE OF NURSING SCHOLARSHIPS

Alice L. Fisher Endowed Scholarship Amy Nguyen, '24

ANEW Grant Steven Barrett, '24 Athena Bollozos, '24 Jennifer Cheung, '24 Brianna Huizar, '24 Sahale Jensen, '24 Amy Jones, '24 Tandeep Kaur, '24 Thomas Luedeke, '24 Lucy Maher, '24

THE 2024 DR. EILEEN RIDGWAY SCHOLARS

The 2024 Dr. Eileen Ridgway scholars presented their service projects for attendees at the Dean's Endowed Lectureship. This scholarship supports leadership development in students by encouraging engagement in community outreach, service and civic efforts.



YOTSANA TRIPATHI, '24

Seeds of Change: Nurturing Young Leaders for Food Justice through Nutrition Education, an initiative by Black Farmers Collective

This project focused on educating middle and high school students about nutrition while fostering leadership in urban agriculture and food justice, empowering them to become advocates for healthier, more sustainable food systems in their communities. Among other things, it provided hands-on learning experiences in the classroom, including vegetable cultivation, composting, and seasonal planting.



LIV COUNSEL, '24 Improving Access to First Trimester

Care in Kitsap County This project addressed the gap in services by creating bilingual educational materials to connect patients with perinatal providers and the Peninsula Birth Network (PBN) website. The site includes a comprehensive listing of Kitsap County resources, along with information about estimated wait times, requirements for initiation of care at various clinic sites, which providers are accepting new clients, and languages spoken by clinicians. Tracy Meyer, '24 Dylan Miller, '24 Jade Nguyen, '24 Lisa Nguyen, '24 Muna Ozunal, '24 Daniel Tamayo, '24 Tuyet Nhu Truong, '24 Kathleen Zamora, '24

Bourdon Family College of Nursing Endowed Scholarship Lisa Smith, '24

Brian Dougherty Nursing Endowed Scholarship Amy Nguyen, '24 Col. Marilyn J. Sylvester, Retired, Endowed Scholarship

Lauren Sturgill, '24 College of Nursing Annual

Scholarship Lily Lines, '24 Khadija Mohamed, '24 Audrey Song, '24 Ryan Uyehara, '24 Alexa Vivas, '24

College of Nursing Endowed Scholarship

Sawyer Laine, '24 Tam Nguyen, '24 Calliope Pannell, '24 Sophie Wankel, '24

Dr. Eileen Ridgway Endowed Nursing Scholarship Liv Counsel, '24 Yotsana Tripathi, '24

Edward and Benneth Franett Scholarship

Nardos Bahta, '26 Avery Mannion, '26 Amaya Marin Osorio, '25 Samuel Yoon, '25

Elaine C. Smith Endowed Nursing Scholarship Jenny Lu, '27

Emily Kulik Smith Scholarship Sarah Hall, '24 Marilyn Ngo, '25 Jennie Nguyen, '26 Tiffany Vu, '25

Harrison Medical Center/Keith and Kathleen Hallman Endowed Scholarship Mary Van Mill, '25

Ana Marie Gantuangco, '27 Hearst Graduate Nursing

Scholarship Cindy Ou, '27 Jeanne Anne Sherrick Scholarship

Zoe Evans-Agnew, '25 Alyssa Montalvo, '26 Melanie Schneider, '27 Sherilynn Soo, '25

Joan S. Emerson Long Endowed Scholarship Alexander Alarilla, '25 Ilhan Mohamed, '26 Lauren Sturgill, '24

Joan Razore Endowed

Nursing Scholarship Sibelle Azar, '27 Grace Cupples, '28 Emily Hertberg, '28 Molly Hubbard, '27 Danielle Anne Madali, '27 Morgan McLoughlin, '27 Mary Jane Perdiguerra, '26 Abe Rivers, '27 Alise Vu, '27 Jia Wong, '27

Kristi Jean DeLaurenti Bridges Endowed Scholarship Jieun Jugao, '25 Liv Counsel, '24 Maya Swinehart, '27 Oren Romano, '27

Lars Worminghaus Scholarship Julius Cortez, '25 Hibag Ibrahim, '25

Margaret M. Sellers Scholarship Jesus Huerta, '27

Mary Buike Memorial Scholarship Fund Cielo Gatmen, '25

McLellan Nursing Scholarship Brooke Anderson, '26

Nancy and Lorraine Scholarship in Nursing Sahar Sadat, '25

Norah Muldoon Ward Scholarship Owen Maloney, '27 Karina Perez Flores, '26 Rachel Yang, '26

Patrick Goggin Memorial Endowed Nursing Scholarship Alina Chen, '26

Sauvage Nursing Scholarship Hanna Le, '26

Sr. Mary Ruth Nursing Scholarship Kizuki Ishiyama, '27

Ret. Col. Patricia Radle Endowed Nursing Scholarship

Michael Ghebremariam, '25

Robert and Jean Reid Family Foundation Endowed Scholarship Chyanne Cepeda-Leslie, '27 Natalie Eussen, '28 Helen Johnson, '27 Keeley Mai, '27

Michael Volz, '26 Ruth M. Porter Endowed Scholarship

Jessica Rodriguez, '24 Sarah M. Hughes Endowed Scholarship in Pediatric Oncology Nursing Shannon Blott, '24 Sukhleen Kaur, '25

Veronica Nooney Bilder Scholarship Shauna Kruse, '27 CLASS OF 2024 Spotlight

LAUREN STURGILL, BSN: THE POWER OF SCHOLARSHIPS

he power of scholarships can make dreams come true. This was the case for Lauren Sturgill, '24, a nursing graduate and the recipient of the Joan S. Emerson Long Endowed Scholarship. The scholarship's namesake Joan Emerson, '54, studied nursing at Seattle University and had a successful career filling many nursing roles. She established the scholarship to support caring and dedicated nursing students in reaching their educational goals.

At 8 years old, Sturgill was hospitalized in Seattle Children's Pediatric Intensive Care Unit. Inspired by the care she received, Sturgill decided that one day she was going to be a nurse.

In high school, she volunteered through Camp Promise, a program for people with neuromuscular disorders. During camp she acted as a caregiver for a young quadriplegic woman who was a student at Seattle University. This experience sparked Sturgill's interest in neurology—and in becoming a Redhawk.

"She taught me that no matter your physical disability, you can still achieve what you want to do," she says.

Sturgill knew that Seattle University's well-known nursing program and connections to local hospitals would help her reach her goal of working at Seattle Children's.

"Seattle University, coupled with their Jesuit-centered approach to academia and their extensive Core Curriculum, was the perfect university that offered the chance to become a well-rounded nurse and work at Seattle Children's upon graduation," says Sturgill. While a student at Seattle University, she enriched herself with academics, extracurriculars and hands-on nursing experiences. She completed a year-long research project with College of Nursing Professor Dr. Mo-Kyung Sin on nurse neglect in hospitalization of patients with Parkinson's disease. Their research was published in *The Journal for Nurse Practitioners*.

BSI 2024

Prior to graduating, Sturgill worked as a nurse technician at Seattle Children's. With all her academic pursuits, she still found time to be a coxswain for the Men's Crew Team and compete in Irish step dancing.

"Receiving this scholarship made me feel very happy, but also rewarded for all the effort I put toward my education," she says. "I felt like I was recognized by the school; I wasn't just a number, but a person. That's what I love about Jesuit education."

After graduation, Sturgill reached the goal she set as a child. In August, she began her nursing residency in neurology and neurosurgery at Seattle Children's on the neural spinal rehabilitation floor.

"Thank you to the donors, because without them my college experience would have been a lot different," she says. "This scholarship, along with another I received through the College of Nursing, has allowed me to not have to take out any student loans and focus on my studies. I am incredibly grateful."

Sturgill is just one of many nursing students aspiring to make a difference in health care. Through scholarship support, she was able to pursue meaningful growth opportunities that enabled her to achieve her dream of becoming a nurse.



MAJOR GIFT ALLOWS SU TO START NEW HEALTH PROFESSIONS PROGRAMS ENDOWED DEANSHIP WILL HELP ADDRESS WORKFORCE SHORTAGE

n an effort to fill a critical need for health care professionals in Washington state, Seattle University has established an endowed deanship to expand its nursing and health sciences education and training programs over the coming years.

This new endowment, made possible by a \$5 million gift from Charles M. Pigott—retired chairman and CEO of PACCAR Inc.—will support the appointment of Professor Butch de Castro to an enhanced role as the Charles M. Pigott Dean to lead these efforts. De Castro currently serves as Dean of the College of Nursing. The university will immediately begin a search for an academic dean to oversee the nursing programs under Dean de Castro's direction.

The gift will help expedite the development of a College of Health Sciences, which will become the home for these new programs and a vision aimed at addressing the region's most pressing health care workforce needs. "I deeply appreciate the selfless generosity of Mr. Pigott and his belief in our commitment to addressing the health care needs of communities throughout the Pacific Northwest and beyond," De Castro says. "His gift strengthens our institutional ability to live out our Jesuit tradition in service of the greater good."

Every county in Washington state has been designated as a Health Workforce Shortage Area according to the U.S. Health Resources & Services Administration, underscoring the urgent need for qualified health care professionals across a variety of fields. The endowed deanship will allow Seattle University to expand its nursing and health professions training programs to meet those needs.

"This will enhance our institutional identity as a hub and model for health innovation in the service of others," Seattle University Provost Shane P. Martin says. "This is a significant step for Seattle University and we are deeply grateful to Charles for his commitment to our mission."

DEAN BUTCH de CASTRO AND PROFESSOR EMERITA KATHERINE CAMACHO CARR INDUCTED INTO THE WASHINGTON STATE NURSES HALL OF FAME

Written by Tina Potterf

College of Nursing Dean Butch de Castro, PhD, MSN/MPH, RN, FAAN, and Nursing Professor Emerita Katherine Camacho Carr, PhD, ARNP, CNM, FACNM, FAAN, were inducted into the Washington State Nurses Hall of Fame by the Washington State Nurses Association (WSNA) in 2024.

"Being selected for the Washington State Nurses Hall of Fame surpasses anything I would have ever dreamed of with respect to my career," says de Castro. "Knowing, admiring and respecting a number of prior inductees, I am deeply humbled by the thought that my endeavors and pursuits compare to theirs and is deserving of the same esteem."

Camacho Carr became one of the first Certified Nurse Midwives (CNM) in Washington in 1977. As a professor, she educated hundreds of nurse practitioners and nurse-midwifery graduate students and has advocated for the advancement of nursemidwifery and nurse practitioner practices.

Established in 1996, the WSNA Hall of Fame "recognizes trailblazing nurses at the pinnacle of excellence—those who have transformed the practice, research, educational opportunities and governing policies of nursing" in Washington state. Dean de Castro, who serves on the King County Board of Health, utilizes community engagement approaches in his research and teaching from a health equity and social determinants framework. To be inducted into the Hall of Fame, says de Castro, alongside Camacho Carr speaks to the scholarly excellence and high professional standards across the college and specifically to Camacho Carr's advancements in the nurse-midwifery field.

Says de Castro, "Dr. Camacho Carr has made tremendous contributions to nursing through her

dedication to educating and mentoring many Seattle University nursing students, launching our college's nurse-midwifery program and advancing nurse-midwifery and nurse practitioner practice locally and globally."

The induction into the nursing Hall of Fame further inspires de Castro "to work more determinedly on behalf of nurses and the populations they serve throughout Washington state and beyond."

"I deeply appreciate the Washington State Nurses Association Board of Directors and the selection committee for their efforts to recognize how nurses make a lasting impact on health and health care."

EARLY BIRD IMMERSION PROGRAM PROVIDES ENGAGING START FOR INCOMING STUDENTS

The College of Nursing participated in Seattle University's Early Bird Immersion program this fall by organizing an interactive introduction to its nursing and ultrasound programs for incoming first-year and transfer students. Held at the Clinical Performance Lab (CPL), the event was designed to enhance the student experience by fostering connections and offering engaging learning opportunities.

SU's Early Bird Immersion program is an optional early arrival event that invites new students to campus a few days before the Fall Welcome. It gives them the opportunity to connect with peers who share similar academic interests and passions.

The College of Nursing's event provided students entering the BSN and Ultrasound programs a sneak peek into their college experience. Attendees participated in a variety of hands-on activities in the CPL, including high-fidelity nursing simulations, basic nursing assessment skill practice, and first aid demonstrations by ROTC cadets. Students also toured the



Dr. Lauren Bibin leading a simulation for incoming students.

CPL, engaged in Q&A sessions with current students and faculty, and connected with advisors.

The event brought together new students with faculty, staff and upperclassmen, creating an environment of support and excitement as they prepared for the challenges and rewards of their education. By offering a unique blend of academic learning, peer interaction and community building, this program highlighted the College of Nursing's commitment to creating an enriching student experience from the very start of their journey. CLASS OF 2024 Spotlight

ADELINE ONG, BSN: FROM NURSING GRAD TO FULBRIGHT SCHOLAR

Written by Tina Potterf

FOLLOWING COMMENCEMENT ADELINE ONG EMBARKED ON A MONTHS-LONG JOURNEY TEACHING ENGLISH ABROAD

A deline Ong enjoys connecting with people by really engaging with them, learning about their lives, shared experiences, fears and hopes. It's a compassionate trait that will serve this soon-to-be nursing graduate as she aspires to be a pediatric nurse before ultimately transitioning into primary care.

In June, Ong graduated with her Bachelor of Science in Nursing (BSN) degree (and a minor in Philosophy), capping off a highly engaged undergraduate experience at Seattle University where she led her nursing cohort, served as a Resident Assistant, did meaningful volunteer work and was a photographer for student newspaper, *The Spectator*.

What would become a passion for nursing and philosophy was first sparked in high school, says Ong. "I wasn't sure what I wanted to do with my life, but I knew I wanted to help people. Taking AP Biology and a health sciences class...solidified my interest in health care."

Ultimately this led her to Seattle University, with its liberal arts curriculum and esteemed nursing program and holistic

approach to education—all of which resonated with Ong's desire to understand people deeply and to apply that in a health care setting.

2024

And why SU's College of Nursing? Says Ong, "The nursing program is so multifaceted and shapes you to be a wellrounded nurse and human being."

Roughly two months after she walked across the stage at commencement, Ong embarked on a potentially transformative post-graduation experience as a Fulbright Scholar. For 11 months Ong will teach English at a school in southern Taiwan. She was drawn to the Fulbright for its mission of diplomacy and international relations.

Applying for the Fulbright was a way for her to continue building connections with other cultures, which she believes will be highly beneficial in her nursing career. "Teaching abroad will make me more culturally competent, which is crucial for my future in nursing."

Working with others from diverse backgrounds and testing her comfort zone were reasons why Ong decided to become an

Continued on page 19

HONORS

ACADEMIC APPOINTMENTS

ENDOWED POSITIONS

Dr. Lester and Mary Ann Sauvage Endowed Professorship in Nursing

Gayle Robinson, PhD, MN, BSN, RN, 2023-2024. Mo-Kyung Sin, PhD, RN, FGSA, FAAN, 2023-2027.

N. Jean Bushman Endowed Chair

Suzan Griffis Knowles, DNP, RN-BC, 2023-2024. Melissa Owen, PhD, RN, CNE, FHSA, 2023-2024.

ADMINISTRATIVE APPOINTMENTS

INTERIM ASSOCIATE DEANS

Lisa Abel, DNP, MSN, ARNP, WHNP-BC, Graduate Programs Melissa Owen, PhD, RN, CNE, FHSA, Undergraduate Programs

INTERIM DIRECTOR CLINICAL PERFORMANCE LAB

Gayle Robinson, PhD, MN, BSN, RN, March -June 2024.

DIRECTOR OF SIMULATION EDUCATION AND INNOVATION

Lauren Bibin, DNP, CNM, APRN, CNE, CHSE, CHSOS

PROGRAM DIRECTORS

Jenny Curwen, DNP, ARNP, CNM, FNP-C, Family Nurse Practitioner Program Jaime Navetta, DNP, RN, CNE, Bachelor of Science in Nursing Program

ASSISTANT PROGRAM DIRECTOR

Elizabeth Gallagher, Family Nurse Practitioner Program

PROMOTIONS

TENURED AND PROMOTED TO ASSOCIATE PROFESSOR

Kumhee Ro, DNP, APRN, FAANP, FAAN Gayle Robinson, PhD, MN, BSN, RN Annette Thomas, PhD, RN Colleen Woolsey, PhD, ARNP

PROMOTED TO ASSOCIATE CLINICAL PROFESSOR

Lisa Abel, DNP, MSN, ARNP, WHNP-BC

EMERITI CONFERRALS

Terry Cicero, MN, RN

STAFF APPOINTMENTS

PROMOTIONS

Grace Laguna, Lead Advisor, Undergraduate Program

Ronda Mitchell, Senior Academic Advisor, Undergraduate Program

NEW HIRES

Raji Chellappa, Director of Budget and Operations

Nancy Fang, Academic Advisor Jayme Markham, Graduate Program Coordinator Hailey Spencer, Operations Coordinator, Clinical Performance Lab Courtney Tassone, Grants Coordinator Rabiya Wasiq, Budget and Operations Administrative Assistant Brigette Yates, Director of Development

LEADERSHIP APPOINTMENTS & ACTIVITIES

Butch de Castro, PhD, MSN/MPH, RN, FAAN, Public Health, Facilities and Providers, King County Board of Health, through December 31, 2026.

Jennifer Fricas, PhD, MPH, RN, Governing Councilor, Public Health Nursing Section, American Public Health Association, 2021-2024.

Robin Narruhn, PhD, MN, RN Consumers of Public Health, King County Board

of Health, through December 31, 2024. Board of Directors, Pacific Islander Community Association.

Kumhee Ro, DNP, APRN, FAANP, FAAN Board of Directors, ARNP United of Washington State, 2024-2026.

Board of Directors, National Organization of Nurse Practitioner Faculties, 2024-2026.

Co-Chair, Recruit and Retain a Diverse Workgroup of Washington Center for Nursing-Nursing Burnout and Retention Project.

Mo-Kyung Sin, PhD, RN, FGSA, FAAN Vice-Chair of Heath Sciences Section of the Gerontological Society of America, 2024. Invited Grant Reviewer, National Institutes of Health (NIH), 2024.

Continued on page 20

ADELINE ONG, '24 Continued

RA. And the experience proved beneficial. "As an RA you have to deal sometimes with situations on the fly, outside your comfort zone, and this pushed me to being innovative in leadership while also adaptable and flexible."

For Ong, her educational journey at SU has been what she calls "really memorable and life changing." And her biggest takeaway: the university's mission and focus on educating the whole person. "That's something I didn't go into SU thinking about but now that I am leaving it is something that is part of my identity, seeing people in a holistic way always," says Ong. After she returns from her Fulbright service Ong plans to dive into nursing residency programs, with a focus pediatric care.

Serving in various roles, including most recently as director for SU's chapter of Camp Kesem was especially meaningful and personal for Ong. Camp Kesem provides free summer camps, day programs and virtual and in-person meetups for youth facing a parent's cancer diagnosis. Ong's mother has gone through cancer treatment, so she understands what many of these young people are going through when a parent becomes ill. The experience of working with children propels Ong's current focus on pediatrics: "I think kids bring a joy to the profession."

At the time of this interview, she was nearing the end of her senior practicum working in cardiac ICU at Seattle's Children's Hospital.

As for her dream job, Ong hopes to ultimately become a nurse practitioner and a primary care provider. "I'm most interested and passionate about seeing each person's unique story unfold over time."

For incoming students, Ong imparts this nugget of advice: "You can be whatever or whoever you want-you just have to start."

HONORS Continued

Invited Guest Editor, "New and Emerging Concepts in Cardiometabolic Risk Factors and Cognitive Disorders," *Journal of Clinical Medicine*, Special Issue, 2024-2025.

Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, FAAN

Appointed Alaska State Representative, and Appointed to Membership Committee, American Academy of Emergency Nurse Practitioners (AAENP), 2023.

Editor, Dermatology Column, Advanced Emergency Nursing Journal (AENJ), 2024.

AWARDS

FACULTY AND STAFF

Butch de Castro, PhD, MSN/MPH, RN, FAAN, Washington State Nurses Hall of Fame, Washington State Nurses Association, March 2024.

Katherine Camacho Carr, PhD, ARNP, CNM, FACNM, FAAN, (Emerita), Washington State Nurses Hall of Fame, Washington State Nurses Association, March 2024.

Lesley Huffman, Magis Innovation Award, Seattle University, May 2024.

Renee Rassilyer-Bomers, '03, '06, '16, Outstanding Recent Alumna Award, Seattle University, 2024.

Kumhee Ro, DNP, APRN, FAANP, FAAN Shining Star Awardee, King County Nurses Association, 2024.

State Award for Outstanding Contributions-Advocate State Award for Excellence, American Association of Nurse Practitioners, 2024.

MOST INSPIRATIONAL FACULTY

Recipients of this award are elected by students n the graduating cohorts.

Therry Rose Eparwa, DNP, MSN, RN, FNP-BC Most Inspirational Faculty, Transfer Cohort, August 2024.

Toni Vezeau, PhD, RNC, IBCLC, Most Inspirational Faculty, Traditional Cohort, June 2024.

STUDENTS

Each year, Seattle University and the College of Nursing takes time to acknowledge and honor graduating seniors and doctoral students who have made significant contributions to the university community. This recognition celebrates their hard work, dedication and achievements throughout their academic journey.

BACHELOR OF SCIENCE IN NURSING

SISTER MARY RUTH NIEHOFF AWARD

Given to an outstanding senior nominated and elected by the faculty of the College of Nursing. Criteria for choosing the recipient include academic excellence, personal qualities and community involvement.

Seth Alterado, '24

Jean Claude Biangandu Cisekedi, '24

SPIRIT OF THE COLLEGE OF NURSING AWARD

Given to a senior who has promoted student service activities. Criteria or characteristics to consider include: leader, catalyst, motivator and initiator.

Shannon Blott, '24 Jocelyn Corpuz, '24

NURSING SERVICE AWARD

Given to a senior who has contributed to his or her peers and patients in the following manner: Mentor, Motivator, Role Model, Collaborator, Listener, One who unifies and promotes community and volunteer/participant in College of Nursing activities.

Daniela Acuna Aguirre, '24 Mia Fuerte, '24 Adeline Ong, '24

CLASS SPEAKERS

Class speakers are elected by students in the graduating cohorts.

TRADITIONAL COHORT Class Speaker, Christine Mah, '24

TRANSFER COHORT Class Speaker, Daniela Acuna Aguirre, '24

PRESIDENT'S AWARD FINALIST Kathryn Weston, '24

PROVOST'S AWARD FINALIST Sarah Hall, '24

HUNTHAUSEN AWARD FINALIST Adaline Ong, '24

BRADY BATTALION ARMY ROTC

COMMISSIONING Jonathan Barnhart, '24 Jaiden Childs, '24 Kaitlyn Aida Valdes, '24

BACHELOR OF SCIENCE IN DIAGNOSTIC ULTRASOUND

COHORT LEADERSHIP & SERVICE AWARD

Acknowledges a senior who has been a leader within their cohort, encouraged student involvement and promoted cohort cohesion. Criteria or characteristics to consider include leader, mentor and initiator.

Nathan Eller, '24

ACADEMIC ACHIEVEMENT AWARD

Acknowledges a senior who has demonstrated academic excellence.

Marissa Stutheit, '24

MOST IMPROVED AWARD

Acknowledges a senior who has shown significant growth in either their theory or clinical coursework. **Tiffany Diaz, '24**

HUNTHAUSEN AWARD FINALIST

Khadija Abdi Mohamed, '24

DOCTOR OF NURSING PRACTICE

ARCHBISHOP RAYMOND G. HUNTHAUSEN OUTSTANDING SERVICE AWARD AND CLASS VALEDICTORIAN

The Archbishop Raymond G. Hunthausen Outstanding Service Award recognizes a student who embodies the Jesuit ideal of being a person for and with others through service to both the university.

Daniel Fernandez Tamayo, '24

JOANNE MCFADDEN STUDENT EXCELLENCE AWARD

Recognizes and honors an outstanding graduating student who reflects the Seattle University mission, demonstrating excellence in leadership abilities and manifesting commitment to service through involvement with college, university and community activities. This award honors the memory of JoAnn McFadden, a former graduate student in the College of Nursing, who herself embodies these characteristics.

Athena Bollozos, 24

CLASS SPEAKER

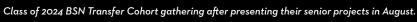
Class speakers are elected by students in the graduating cohort.

Melissa Cruz, '24

PROVOST'S AWARD FINALIST Athena Bollozos, '24



Madlyn Murrey, MN, RN, NE-BC, with new undergraduate students at the Early Bird Immersion event.





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