

## **Anne SJ Farina, PhD, LCSW**

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### **EDUCATION**

- PhD            June 2019, Saint Louis University, Saint Louis, Missouri  
CSWE Minority Fellowship Program Fellow, 2015 - 2018  
*Dissertation Title:*        The Relationship Between Parenting and Child Mental Health in  
the Context of War and Armed Conflict: A Systematic Review  
*Dissertation Chair:*        Brandy Maynard, PhD, Saint Louis University  
*Committee:*                Michael Vaughn, PhD, Saint Louis University  
Michael Mancini, PhD, Saint Louis University  
Jesse Helton, PhD, Saint Louis University
- MSW            August 2003, Saint Louis University, Saint Louis, Missouri  
Community Concentration
- BS              May 1999, Saint Louis University, Saint Louis, Missouri  
Major: Clinical Laboratory Science

### **LICENCES AND CERTIFICATIONS**

- LCSW Supervisor in the State of Missouri (since 2015)
- Clinical Social Worker (LCSW) in the State of Missouri (since 2007)
- The Missouri Parents as Teachers Program Prenatal to Three Years (Parent Educator Certificate)

### **AWARDS AND HONORS**

- 2015-2018     Minority Fellowship Program (Council on Social Work Education), \$72,528
- 2017            Associate Member of Sigma Xi: Scientific Research Honor Society
- 2017            Brennan Summer Fellowship Award (Saint Louis University Graduate Student  
Association), \$500
- 2017            Society for Social Work and Research Doctoral Student Travel Award, \$500
- 2003            Exemplary Peace Activist Award (Women's International League for Peace and  
Freedom)
- 2003            MSW Student of the Year (Saint Louis University)
- 2001            Consuelo W. Gosnell Memorial MSW Scholarship (NASW Foundation)

### **RESEARCH INTERESTS**

Impact of war related trauma on families and parenting, trauma-focused interventions, trauma and attachment, mental health outcomes among international and transracial adoptees, systematic reviews and meta-analysis, mixed methods research, qualitative research, social media research

### **FUNDED RESEARCH**

Title: Psychosocial factors of burn related injuries and service utilization: A mixed methods study  
Role: Primary Investigator

Funding Source: Mercy Hospital Saint Louis Burn Center and Mercy Health Foundation (Women with a Mission)

Project Dates: 09/2016 – 05/2019

Amount: \$40,000

Title: A pilot study to assess the neurosequential model and trauma-focus interventions with Latino Children in Saint Louis

Role: Community Primary Investigator

Funding Source: Community University Health Research Partnership Implementation Grant

Project Dates: 12/2013 – 12/2014

Amount: \$40,000

## PEER-REVIEWED PUBLICATIONS AND MANUSCRIPTS

### In Print/Press:

**Farina, A.S.J.**, Holzer, K.J., DeLisi, M., & Vaughn, M. G. (2018). Childhood trauma and psychopathic features among juvenile offenders. *International Journal of Offender Therapy and Comparative Criminology*, 62(14), 4359-4380. doi: 10.1177/0306624X18766491

**Farina, A.S.J.**, & Mancini, M. (2017). Evaluation of a multi-phase trauma-focused intervention with Latino youth. *Advances in Social Work*, 18(1), 270-283. doi: 10.18060/2129

Borquist, D., Maynard, B.R., Brendel, K.E., **Farina, A.S.J.** (2017). Mindfulness-based interventions for youth with anxiety: A systematic review and meta-analysis. *Research on Social Work Practice*. doi: 10.1177/1049731516684961

Mancini, M.A. & **Farina, A.** (in press). Prevalence of Trauma and Comorbid Mental Health Issues in a Clinical Sample of Latinx Adults. *Journal of Ethnic and Cultural Diversity in Social Work*.

Maynard, B.R., **Farina, A.S.J.**, Dell, N.A., & Kelly, M.S. (2019). Effects of trauma-informed approaches in schools: A systematic review. *Campbell Systematic Reviews*, e1018. doi: 10.1002/cl2.1018

Trahan, M.H., Maynard, B.R., Smith, K.S., **Farina, A.S.J.**, & Khoo, Y.M. (in press). Virtual reality exposure therapy on alcohol and nicotine dependence: A systematic review. Accepted for publication, *Research on Social Work Practice*.

### Protocol Registration:

**Farina, A.S.J.**, & Maynard, B.R. (2018). Systematic review of association between war related trauma, parenting, and child outcomes. International Prospective Register of Systematic Reviews (PROSPERO). Registry #: CRD42018104426.

Trahan, M.H., Maynard, B.R., Smith, K.S., **Farina, A.S.J.**, & Khoo, Y.M. (2018). Virtual reality exposure therapy on alcohol and nicotine: A systematic review. International Prospective Register of Systematic Reviews (PROSPERO). Registry #: CRD42018087663.

**Farina, A.S.J.**, Pollack, J. & Maynard, B.R. (2017). Psychosocial factors of burn related injuries and perceived gaps in service delivery. National Institutes of Health U.S. National Library of Medicine ClinicalTrials.gov. Protocol ID#: 944614.

## PRESENTATIONS

### Peer-Reviewed Presentations

- Maynard, B., Solis, M., & **Farina, A.S.J.** (2019, January). *Systematic review methods: A step-by-step introduction*. Oral presentation at the Society for Social Work and Research annual conference, San Francisco, California.
- McGinnis, H., **Farina, A.S.J.**, Baden, A., & O'Leary Wiley, M. (2019, January). *Adult transracial and international adoptees: Results from an evidence and gap map*. Poster presentation at the Society for Social Work and Research annual conference, San Francisco, California.
- Smith, S., Trahan, M., Maynard, B., Khoo, Y.M., & **Farina, A.S.F.** (2019, January). *Systematic review and meta-analysis of the effectiveness of virtual reality exposure therapy for the treatment of alcohol and nicotine dependence*. Oral presentation at the Society for Social Work and Research annual conference, San Francisco, California.
- Farina, A.S.J.**, Alvarez, A., Klumpner, S., & Azhar, S. (2018, November). *Experiences of racism, discrimination, and microaggression among Asian Americans: Analysis of #thisis2016*. Oral presentation at the Council on Social Work Education Annual Planning Meeting, Orlando, Florida.
- Farina, A.S.J.**, & Otalora, T. (2018, August). *Support group for perinatal Latinas: A mixed-methods evaluation*. Oral presentation at Mixed Methods International Research Association Conference, Vienna, Austria.
- McGinnis, H., **Farina, A.S.J.**, Baden, A., & O'Leary Wiley, M. (2018, July). *A systematic mapping review of the state of knowledge on adult transracial and intercountry adoptees: Prioritizing future research, practice, & policy*. Oral presentation at International Conference on Adoption Research 6, Montreal, Quebec, Canada.
- Farina, A.S.J.**, Pollack, J., Maynard, B., & Durbin, O. (2018, April). *Hospital staffs' perceptions of factors impacting recovery among patients with burn-related injuries*. Poster presentation at the American Burn Association annual conference, Chicago, Illinois.
- Farina, A.S.J.** (2018, January). *Mental Health of Latinos and Asian Americans: The role of trauma and perceived discrimination*. Poster presentation at the Society for Social Work and Research annual conference, New Orleans, Louisiana.
- Farina, A.S.J.** & Mancini, M. (2017, November). *Implementation of a trauma-focused intervention for refugee children in school: A pilot study*. Poster presentation at the International Society for Traumatic Stress Studies Annual Conference, Chicago, Illinois.
- Farina, A.S.J.** & Paredes, T. (2017, October). *Anxiety, depression, and trauma among perinatal Latinas*. Oral presentation at the Council on Social Work Education Annual Planning Meeting, Dallas, Texas.
- Farina, A.S.J.** & Mancini, M. (2017, April). *Trauma-focused somatic based intervention for Latino children: A pilot study*. Poster presentation at the International Society for the Study of Trauma and Dissociation 34<sup>th</sup> Annual Conference, Washington, D.C.
- Farina, A.S.J.** & Vaughn, M. G. (2017, January). *Childhood trauma and psychopathic features among juvenile offenders*. Poster presentation at the Society for Social Work and Research annual conference, New Orleans, Louisiana.

**Farina, A.S.J.** Maynard, B., Carlson, J., Dare, M., Kish, C., Labuziowski, E., Marx, A., & Pera, G. (2017, January). *The effectiveness of animal assisted therapy with children and adolescents who have experienced trauma: A systematic review*. Poster presentation at the Society for Social Work and Research annual conference, New Orleans, Louisiana.

**Farina, A.S.J.** & Feder, K. D. (2016, June). *Somatic Soothing: A somatic based intervention for the treatment of trauma symptoms*. Workshop presentation at The American Professional Society on the Abuse of Children Annual Colloquium, New Orleans, Louisiana.

**Farina, A.S.J.** (2016, June). *A comparison of screening tools among pregnant and post-partum Latinas: Is screening for depression enough?* Oral presentation and poster presentation at Cambio de Colores (Change of Colors) Conference – Latinos in the Heartland, Columbia, Missouri.

**Farina, A.S.J.**, Wolfington, E., & Stuart, E. (2016, June). *Salud y Bienestar: Program to address health and wellness for Latinas in St. Louis City*. Oral presentation at Cambio de Colores (Change of Colors) Conference – Latinos in the Heartland, Columbia, Missouri.

**Farina, A.S.J.** (2016, April). *Trauma related dissociation in children: A current view of measurement*. Poster presentation at Saint Louis University's Annual Graduate Research Symposium, Saint Louis, Missouri.

**Farina, A.S.J.**, Torres, M., & Caldera-Wimmer, S. (2015, June). *Maternal Mental Health Programming for Latinas*. Workshop presentation at Cambio de Colores (Change of Colors) Annual Conference – Latinos in the Heartland, Kansas City, Missouri.

#### Invited Presentations and Trainings:

**Farina, A.S.J.** (2017). *Somatic Soothing: Somatic based trauma intervention training*. Hawthorn Children's Psychiatric Hospital, Saint Louis, MO.

**Farina, A.S.J.** (2017). *Attachment-based therapeutic activities*. Catholic Charities, Saint Louis, MO.

**Farina, A.S.J.** (2017). *Advanced trauma-focused cognitive behavioral therapy with youth*. Saint Louis University, Saint Louis, MO.

**Farina, A.S.J.** (2016). *Trauma-related dissociation: An updated view of assessment and treatment techniques*. Washington University in Saint Louis, Saint Louis, MO.

**Farina, A.S.J.**, & Feder, K. (2015). *Somatic Soothing: Somatic based trauma intervention Training*. Bilingual International Assistance Services, Saint Louis, MO.

**Farina, A.S.J.** (2003). *Group work with Children*. International Center for Psychosocial Trauma, Peshawar, Pakistan.

## **RESEARCH EXPERIENCE**

2018 **Research Coordinator**

*Study: 3D intervention study with older adults with dementia*

Responsibilities: supervise MSW students, coordinate with four sites in Missouri, maintain database, oversee data collection and analysis, disseminate results

- 2018 **Research Assistant**  
*Study: Systematic review of virtual reality in the treatment of addictions*  
 Responsibilities: data extraction
- 2018 **Research Assistant**  
*Study: Community based project with International Institute of St. Louis*  
 Responsibilities: develop online survey for organization staff
- 2017 **Principal Investigator**  
*Study: Psychosocial factors of burn related injuries and service utilization: A mixed methods study*  
 Responsibilities: develop protocol, complete IRB requirements, develop survey and interview guides, collect data, analysis of data, reporting and dissemination of findings
- 2017 **Principal Investigator**  
*Study: Experiences of racism, discrimination and microaggressions among Asian Americans: Analysis of #thisis2016*  
 Responsibilities: design research framework, scrape and scope the twitter data, oversee data analysis, reporting and dissemination of findings
- 2017 **Co-Principal Investigator**  
*Study: A systematic mapping review of the state of knowledge on adult transracial and intercountry adoptees: Prioritizing future research, practice, & policy*  
 Responsibilities: design protocol, develop search strategy, oversee search process, full-text review, data extraction, reporting and dissemination of findings
- 2017 **Co-Principal Investigator**  
*Study: Psychopathy and childhood trauma*  
 Responsibilities: study design, data analysis, reporting and dissemination of findings
- 2017 **Research Assistant**  
*Study: Systematic review of trauma-informed school interventions*  
 Responsibilities: protocol contributions, search studies
- 2017 **Research Assistant**  
*Study: Systematic review of animal-assisted interventions for treatment of trauma among children*  
 Responsibilities: protocol contributions, search process, full-text review, data extraction, report writing
- 2016 **Research Assistant**  
*Study: Systematic review of mindfulness-based interventions for anxiety among adolescents*  
 Responsibilities: data extraction
- 2015 **Co-Principal Investigator**  
*Study: A pilot study to assess the neurosequential model and trauma-focused interventions with Latino Children*  
 Responsibilities: design the intervention, collect assessment data, reporting and dissemination of findings

## ACADEMIC APPOINTMENTS

- 2017-2019 Saint Louis University, School of Social Work  
**Adjunct Faculty**  
Courses:
  - Social Work Practice with Individuals, Families and Groups
  - Diversity & Anti-Oppression Practice
- 2016-2019 Saint Louis University, School for Professional Studies  
**Lead Teaching Assistant**  
Course:  
 Global Health (Summer Session)
- 2016 Saint Louis University, School of Social Work  
**Teaching Assistant**  
Course:
  - Program Evaluation
- 2011-2019 Washington University in Saint Louis, George Warren Brown School of Social Work  
**Adjunct Faculty**  
Courses:
  - Social Work Practice with Individuals, Families and Groups
  - Social Work with Children in Families
  - Social Work, Education, and the Exceptional Child
  - Theoretical and Empirical Approaches to Social Work Practice with Children
  - International Child Welfare
  - Social Work with Immigrants and Refugees
- 2014-2015 University of Missouri-Saint Louis, School of Social Work  
**Adjunct Faculty**  
Course:
  - Social Work with Families
- Fall 2008 Saint Louis University, School of Social Work  
**Teaching Assistant**  
Course:
  - Diversity and Anti-Oppression Practice

## **PROFESSIONAL EMPLOYMENT**

- 2015-2019 Community Based Research Associate/Licensure Supervisor  
 Kingdom House, Saint Louis, Missouri
  - Lead research and evaluation projects
- 2014-2019 Director and Therapist, Saint Louis, Missouri  
 Anaona Counseling, LLC
  - Provide mental health services to referred clients
  - Complete mental health evaluations for immigration cases (asylum, U-visa, hardship waivers)
- 2013-2015 Director of Family Support Services  
 Kingdom House, Saint Louis, Missouri

- Development and administration of family support programming (mental health services, financial stability services, senior programming, family center, adult education, and emergency assistance)
  - Grant writing for Family Support services
  - Assistance with organization strategic planning
- 2014-2015      Project Coordinator  
Bilingual International Assistant Services, Saint Louis, Missouri
- Development, administration, and implementation of trauma-focused mental health services for refugee and immigrant students in the Ritenour School District
- 2011-2014      Family Mental Health Coordinator  
Casa de Salud, Saint Louis, Missouri
- Development, administration, facilitation, oversight, grant writing, and evaluation of mental health programs
  - Provide individual therapy for referred youth and adults
  - Field instruction and supervision for MSW practicum students
  - Development of assessment tool (“Mental Health Check-up”) and somatic based intervention for children (“Somatic Soothing”)
- 2010-2013      Therapist III, Adoption Focused Mental Health Services  
Lutheran Family and Children’s Services, Saint Louis, Missouri
- Provide individual therapy for referred children and youth (children who have been adopted or are in foster care)
  - Provide supportive services/care coordination for family members
- 2010-2011      Therapist, Saint Louis, Missouri  
Anaona Counseling, LLC
- Provide mental health services to referred clients (offices at International Welcome School and International Institute)
- 2009-2010      Mental Health Coordinator  
Southside Early Childhood Center, Saint Louis, Missouri
- Provide mental health services to preschool students and their families to include: play therapy, attachment based therapy, family therapy, referrals, support services, psycho-education, and classroom social-emotional workshops.
- 2003 – 2010      Director of Youth Services/Therapist  
Center for Survivors of Torture and War Trauma, Saint Louis, Missouri
- Development, administration, facilitation, oversight, and evaluation of youth programs
  - Provide individual therapy for referred youth and adults
  - Recruitment, hiring, training, and supervision of staff and volunteers, including oversight of program coordinator
  - Field instruction and supervision for BSSW and MSW practicum students
  - Responsible for grant writing, fund raising, and management of Youth Services budget and fund development for organization
- 2005-2006      ESOL (English for Speakers of Other Languages) Social Worker  
ESOL/Bilingual/Migrant Program of the Saint Louis Public Schools

- Support of ESOL students (high school, middle school, newcomer center)
- Provide interventions during student crisis situations
- Facilitation of psycho-educational groups for newcomer center

### **MAJOR PROGRAM FUNDING**

Program: Health and Wellness Program for Latinas  
 Role: Program Coordinator  
 Funding Source: Lutheran Foundation of Saint Louis  
 Project Dates: 10/2015 – 09/2016  
 Amount: \$155,000

Program: Maternal Mental Health Services for Latinas  
 Role: Program Coordinator  
 Funding Source: Maternal, Child and Family Health Coalition  
 Project Dates: 07/2012 – 06/2016  
 Amount: \$144,000

Program: After School Program for Immigrant and Refugee Youth  
 Role: Program Coordinator  
 Funding Source: Department of Justice  
 Project Dates: 11/2008 – 10/2011  
 Amount: \$150,000

### **RESEARCH METHODS TRAINING**

August 2018	Conducting a Mixed Methods Systematic Review (Mixed Methods International Research Association International Conference)
August 2018	Integrating Mixed Methods Analyses (Mixed Methods International Research Association International Conference)
August 2018	Advanced Mixed Analyses (Mixed Methods International Research Association International Conference)
July 2018	Analyzing Online Conversations: A Research Framework (Research Talk and The Odum Institute, University of North Carolina at Chapel Hill)
July 2018	Mixed Methods: Bridging Qualitative and Quantitative Methods and Results (Research Talk & The Odum Institute, University of North Carolina at Chapel Hill)
April 2018	Meta-Analysis three day Workshop (Michael Borenstein, Biostat)
April 2018	Qualitative Data Analysis Camp (Sort and Sift, Think and Shift Approach: A Multidimensional Approach to Qualitative Data Analysis (Research Talk)
July 2017	Coding and Analyzing Qualitative Data (Research Talk and The Odum Institute, University of North Carolina at Chapel Hill)
July 2017	Synthesizing Qualitative Data (Research Talk & The Odum Institute, University of North Carolina at Chapel Hill)
July 2017	Writing Effective Qualitative and Mixed Methods Proposals (Research Talk and The Odum Institute, University of North Carolina at Chapel Hill)
July 2017	Mixed Methods Dissertation/Thesis Workshop (Mixed Methods Research and Scholarship Program, University of Michigan)
June 2017	Web-Based Certificate Program on Mixed Methods Research (School of Social Work, University of Michigan)
June 2017	Data Management & Visualization: Advanced Applications of R (George Warren Brown School of Social Work, Washington University in Saint Louis)

July 2016 Introduction to Mixed Methods Research (ICPSR Summer Program at Odum Institute, University of North Carolina at Chapel Hill)

### **CLINICAL TRAINING**

2017 Screening, Brief Interventions, and Referral to Treatment (SBIRT) (University of Missouri – St. Louis)

2016 Neurosequential Model of Therapeutics Certification Training (ChildTrauma Academy)

2015 Somatic Experiencing Professional Training: Beginning I Workshop (Somatic Experiencing Trauma Institute)

2012-2014 Training Program in Affect Regulation, Attachment, and Trauma, Level II: Emotional Processing, Meaning Making, and Attachment Repair (Sensorimotor Psychotherapy Institute)

2012-2013 Comprehensive Training in Motivational Interviewing (Saint Louis Center for Family Development, LLC)

2012 Structured Sensory Interventions (National Institute for Trauma and Loss in Children)

2011 Neurosequential Model of Therapeutics Case-Based Training Series, The ChildTrauma Academy (Bruce Perry, MD)

2010-2011 Comprehensive Training in Trauma-Focused Cognitive Behavioral Therapy (Children’s Advocacy Center)

2010 Sensory Motor Arousal Regulation Treatment (SMART) Training (Trauma Center at Justice Resource Institute)

2009-2010 Play Therapy Certification Training (Kansas City Play Therapy Institute)

2007 Teen Outreach Program Facilitators Training (Wyman Institute for Youth Development)

2005-2006 Sensorimotor Psychotherapy Institute, Training in Somatic Psychology, Level 1: Training for the Treatment of Trauma (Pat Ogden, PhD)

2004-2005 Community Arts Training (CAT) Institute (Regional Arts Council, Saint Louis, Missouri)

2004 Trauma-Focused Cognitive Behavioral Therapy for Children (Kathy Weinman Children’s Advocacy Center)

### **LANGUAGE SKILLS**

- Professional proficiency in Spanish language (oral and written)

### **ACADEMIC AND COMMUNITY SERVICE**

2018 Barnes Jewish Hospital Foundation and the Washington University Institute of Clinical and Translational Sciences Pilot Funding Program-Community Review Panel

2018 Mentoring Chair, PhD Student Association, Saint Louis University

2018 Abstract Reviewer for CSWE 2018 Annual Program Meeting

2017 Reviewer for Advances in Social Work journal

2017 Barnes Jewish Hospital Foundation and the Washington University Institute of Clinical and Translational Sciences Pilot Funding Program-Community Review Panel

2017 Abstract Reviewer for CSWE 2017 Annual Program Meeting

2016- Social Networking Administrator, International Society for Traumatic Stress Studies

2016 Barnes Jewish Hospital Foundation and the Washington University Institute of Clinical and Translational Sciences Pilot Funding Program-Community Review Panel

2016 Book Reviewer (SAGE Publications)

2016 Social Networking Administrator, International Society for Traumatic Stress Studies

2016 Citizen Review Panel for the Regional Arts Commission Program Support Arts Based Community Development

- 2016 Missouri Trauma Leadership Roundtable: Sensory/Somatic Workgroup Member  
2016 Martin Luther King Jr. Scholarship (Community Interviewer), Saint Louis University  
2015 Martin Luther King Jr. Scholarship (Community Interviewer), Saint Louis University  
2014 Independent Youth Board Member  
2014 Barnes Jewish Hospital Foundation and the Washington University Institute of Clinical and Translational Sciences Pilot Funding Program-Community Review Panel  
2009 Saint Louis University Center for Social Justice Advisory Board

#### **PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS**

- Mixed Methods International Research Association, member since 2016
- International Society for Traumatic Stress Studies, member since 2015
- International Society for the Study of Trauma and Dissociation, member since 2015
- Society of Social Work Research, member since 2015
- Council on Social Work Education, member since 2015
- Society for Social Work and Research, member since 2015
- Alpha Sigma Nu National Jesuit Honor Society, member since 2001