

## Anastasia Tschida

atschida@seattleu.edu

### EDUCATION

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- 2017-2020      **UNIVERSITY OF WASHINGTON:** Seattle, WA  
Master of Social Work, concentration: Children Youth & Families, GPA: 3.9
- 2010-2014      **WESTERN WASHINGTON UNIVERSITY:** Bellingham, WA  
Bachelor of Art in Human Services & Communication minor, GPA: 3.8
- Spring 2014      **RESEARCH ASSISTANT:** Bellingham  
Developed methodology and compiled & reviewed data of community engagement and cultural relevance of HIV preventions in sub-Saharan Africa
- Summer 2013      **WILLING WORKERS IN SOUTH AFRICA:** Kurland, South Africa  
Public Health and Community Development Service-learning study-abroad

### CERTIFICATES

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- Licensed Social Work Associate Independent Clinical (LSWAIC)  
Mental Health Professional (MHP)  
Agency Affiliated Counselor (AAC)  
Education Services Associate (ESA)

### PROFESSIONAL EXPERIENCE

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- 2023-current      **FIELD LIAISON AND ADJUNCT PROFESSOR:** School of Social Work, Seattle University  
Supervise students at practicum site and instruct an introduction Social Work course
- 2020-current      **CLINICAL CARE COORDINATOR, SOUND:** Seattle  
Child and Family Mental Health Clinician at Denny International Middle School
- 2020-current      **PRACTICUM INSTRUCTOR, SOUND:** Seattle  
Social work supervision for practicum students at University of Washington and Seattle University
- 2020-22            **YOUTH PREVENTION & EDUCATION CONSULTANT:** Seattle  
Managed youth prevention grant awardees, King County Public Health sub-contract
- 2016-2019      **PREVENTION COALITION COORDINATOR, SEATTLE PUBLIC SCHOOLS:** Seattle  
SW Seattle Youth Alliance: King County Community Prevention and Wellness Initiative (CPWI)
- 2015-2022      **DENNY MIDDLE SCHOOL ATHLETIC COACH:** Seattle  
Girls Varsity and Junior Varsity head soccer coach
- Summer 2016      **WEST SIDE SCHOLARS, PARKS AND RECREATION:** Seattle  
Summer school administrator at Denny Middle School
- 2015-2016      **STUDENT SUCCESS COORDINATOR, COMMUNITIES IN SCHOOLS OF SEATTLE:** Seattle  
AmeriCorps drop out prevention case manager at Denny Middle School

2013-2014      **LEAD MENTOR, COMPASS 2 CAMPUS:** Bellingham  
Managed Western Washington University student mentors at elementary school

### **PROFESSIONAL INTERNSHIPS**

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2019-2020      **PROGRAM & POLICY INTERN, KING COUNTY DEP. OF COMMUNITY & HUMAN SERVICES:** Seattle  
Best Starts for Kids program outreach and program and policy support

2018-2019      **SOCIAL WORK INTERN, KING COUNTY JUVENILE COURTS:** Seattle  
Conducted psychosocial family violence assessments, co-facilitated Step Up group therapy

Summer 2015      **COMMUNICATIONS INTERN, PEACE TREES VIETNAM:** Seattle  
Developed programs and grants, and managed social media accounts

Fall 2013      **EDUCATIONAL DIRECTOR INTERN, SLUM DOCTOR PROGRAMME:** Bellingham  
Event planning, fundraising, and community outreach

Spring 2013      **SOCIAL WORK INTERN, HIMALAYAN HEALTHCARE:** Kathmandu, Nepal  
Co-facilitated women's empowerment program in rural villages

Spring 2013      **SOCIAL WORK INTERN, RESOURCE CENTER FOR PARENTS & CHILDREN:** Fairbanks, AK  
Performed client assessments and developed treatment plans

Summer 2012      **ADMINISTRATIVE INTERN, COMMUNITY AND YOUTH AGENCY:** Huntington, NY  
Assitant to Regional Director at youth development center

### **PROFESIONAL COMMITEES**

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2018-present      **KING COUNTY FAMILY & YOUTH COUNCIL:** Seattle  
King County Wraparound (WISe) system partner committee member

2018-2022      **KING COUNTY YOUTH MARIJUANA & PREVENTION EDUCATION PROGRAM (YMPEP):** Seattle  
Committee member serving on Youth Engagement advisory board

2015-2016      **HEALTHY YOUTH CAN COALITION BOARD MEMBER:** Seattle  
King County Community Prevention and Wellness Initiative coalition member

2014-2018      **SLUM DOCTOR PROGRAMME BOARD OF DIRECTORS:** Bellingham  
Secretary & Volunteer Coordinator

Fall 2014      **GREENWAY ORPHANAGE:** Singburi, Thailand  
Developed health education curriuclum, taught English and built showers

Fall 2012      **SEHOME NEIGHBORHOOD ASSOCIATION BOARD OF DIRECTORS:** Bellingham, WA  
Student Representative and communications and outreach advisor

2012-2022      **BIG BROTHER BIG SISTER ORGANIZATION:** Bellingham, WA  
School and community based Big Sister